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HELPS TO PRAYER

AND HOLY LIVING

For Church People who have little spare time.

IN TWO PARTS :

✓
I. PRAYER. II. HOLY COMMUNION.

BY

RICHARD SEYMOUR, M.A.

RECTOR OF KINWARTON : HONORARY CANON OF WORCESTER.

'He who has learnt to pray, has learnt the secret of a holy life.'
BISHOP TH. WILSON.

PART I.

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PREFACE.

THREE THINGS I desire to say to those under whose eye this little book may come. 1. It may appear to some that parts of the Prayers, &c. are over long for those 'who have little spare time,' those, that is, who have much daily work to get through. In reply I beg them to remember that in the course of the year there are some days on which their work is lighter than on others; in winter too, when the nights are long and the days short, there is more leisure for reading and for prayer. Sickness also occasionally provides such leisure for all. Some also will *make* spare time for these purposes; and for all such occasions and such persons, it seems right that provision should be made. 2. Though it is well that everyone should be provided with Forms of Prayer, it should be remembered that in *private* prayer, no written form will provide for all our wants; many things concerning ourselves and our families and friends can only be met by words of our own; and therefore, though it is well to use Forms of Prayer in our private prayers, it is not well to be tied to them only. 3. Pains have been taken to assist the religious observance of the Church's Holy Days and Seasons. The gain of doing this is, that it helps Christians constantly to follow their Saviour, and to live with Him, through all the chief events of His days on earth; and it every year brings before us all the chief articles of our Faith. Those who have tried this part of the Church's order and rule, know its value.

Easter, 1869.



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PLAIN DUTIES TO BE OBSERVED
BY ALL CHRISTIANS.

1. To pray to God daily, every morning and every night.—*Psalm* v. 3, lv. 17; *St. Matthew* vi. 6.

2. To keep holy the LORD'S Day, resting from work and going to church.—*Genesis* ii. 3; *Acts* xx. 7.

3. To open the Bible and read, if it be but a little, every day.—*Psalm* xix. 7, 8; *St. John* v. 39; 2 *Timothy* iii. 14–17.

4. To receive the Sacrament of the LORD'S Supper, *at the least* three times in every year; Easter to be one.

5. To give alms according to our power.—*St. Luke* xi. 41; *St. Matthew* x. 42; 2 *Corinthians* viii. 12.

6. To do to others as we would have them do to us.—*St. Matthew* vii. 12; *St. John* xiii. 34, 35.

7. To avoid the company of those who would tempt us to sin, or would draw us away from the Church and her Faith.—*Psalm* i. 1, 1
Corinthians v. 9–11; *Romans* xvi. 17.

GOD'S PROMISES TO ALL WHO PRAY TO
HIM AND PUT THEIR TRUST IN HIM.

‘As thy days, so shall thy strength be.’—*Deuteronomy xxxiii. 25.*

‘For I know the thoughts that I think toward you, saith the LORD, thoughts of peace and not of evil, to give you an expected end.

‘Then shall ye call upon ME, and ye shall go and pray unto ME, and I will hearken unto you.

‘And ye shall seek ME, and find ME, when ye shall search for ME with all your heart.

‘And I will be found of you, saith the LORD.’—*Jeremiah xxix. 11–14.*

‘Come unto ME, all ye that labour and are heavy laden, and I will give you rest.—*St. Matthew xi. 28.*

‘Him that cometh unto ME I will in no wise cast out.’—*St. John vi. 37.*

‘Verily, verily, I say unto you, whatsoever ye shall ask the FATHER in MY Name, HE will give it you.’—*St. John xvi. 23.*

‘Let your conversation be without covetousness, and be content with such things as ye have; for HE hath said, I will never leave thee, nor forsake thee; so that we may boldly say, *The LORD is my helper, and I will not fear what man shall do unto me.*’—*Hebrews xiii. 5, 6.*

It is a good rule, before we kneel down to pray, to read a few verses in the Bible; or to repeat thoughtfully some text of Holy Scripture; or to say,

‘In the name of the FATHER, and of the SON, and of the HOLY GHOST. Amen.’

As we read :

‘Before thou prayest, prepare thyself; and be not as one that tempteth the LORD.’—*Ecclesiasticus* xviii. 23.

MORNING PRAYER.

My voice shalt Thou hear betimes, O LORD; early in the morning will I direct my prayer unto Thee, and will look up.’—*Psalms* v. 3.

Be careful to get up in time to kneel down and say your prayers before you leave your room. But if, by any accident, you have not time, seize the first opportunity you can get to lift up your heart secretly to God, and say your usual prayers. Remember that your soul is still undressed till you have said your prayers. Say as you leave your bed :

‘I laid me down and slept, and rose up again : for the LORD sustained me.’—*Psalms* iii. 5.

MORNING PRAYERS.

O LORD, open Thou my lips.

And my mouth shall show forth Thy praise.

O LORD, our heavenly FATHER, Almighty and everlasting God, who hast safely brought me to the beginning of this day : defend me in the same with Thy mighty power ; and grant

danger,
by Thy govern-
ment in Thy sight; through JESU
Amen.

merciful FATHER, who knowest my
many many temptations and tria
e to resist the sins which mos
e, and both in word and in deed
faithfully this day, through JESU
ORD. Amen.

mighty and merciful God, I pra
this day (my dear father an
brothers and sisters, my wife
d and children, and) all my de
friends. Bless also our Queen
d all who are set over us; a
thful in all my duties towards th
CHRIST our LORD. Amen.
which art in Hea

Awake my soul, and with the sun
Thy daily stage of duty run ;
Shake off dull sloth, and joyful rise,
To pay thy morning sacrifice.

Thy precious time misspent redeem,
Each present day thy last esteem,
Improve thy talent with due care,
For the Great Day thyself prepare,

In conversation be sincere,
Keep conscience as the noon-tide clear,
Think how All-seeing God thy ways
And all thy secret thoughts surveys.

Wake and lift up thyself, my heart,
And with the Angels bear thy part,
Who all night long unwearied sing
High praise to the Eternal King.

All praise to Thee, Who safe hast kept,
And hast refresh'd me whilst I slept ;
Grant, LORD, when I from death shall wake,
I may of endless Light partake.

Direct, control, suggest, this day,
All I design, or do, or say,
That all my powers, with all their might,
In Thy sole glory may unite.

Praise GOD, from Whom all blessings flow ;
Praise Him, all creatures here below ;
Praise Him above, ye Heavenly Host ;
Praise FATHER, SON, and HOLY GHOST !

~~Give me~~
ORD's Day brings some
e, and especially some suited to the
on this day.

er for Sunday morning, to be said a
:

merciful LORD, who hast cons
l day to Thy service, give me
erve it that it may be to me t
a well-spent and happy week
ee, O LORD, for Thy goodness
th to my soul and body the rest
ent of this holy day. Grant n
ot only to rest my body, but als
e cares and labours of life, a
ee in spirit and in truth. All
r giving us churches to go to
nd Teachers to instruct us: P
IRIT enable me this day to us
the good of my soul, and
take here

3. Who was conceived by the HOLY GHOST,
Born of the Virgin Mary,

4. Suffered under Pontius Pilate, was Crucified, Dead, and Buried; He descended into Hell,

5. The third day He rose again from the dead,

6. He ascended into Heaven, and sitteth at the right hand of God, the FATHER Almighty;

7. From thence He shall come to judge the quick and the dead.

8. I believe in the HOLY GHOST;

9. The Holy Catholic Church, the Communion of Saints;

10. The forgiveness of sins;

11. The Resurrection of the body;

12. And the Life everlasting. Amen.

Then kneel down and say:

LORD, give me grace to live more according to my faith.

The grace of our LORD JESUS CHRIST, &c.

TO-DAY the LORD's first work we praise;

To-day is first and best of days;

When darkness o'er the earth was spread,
God made the light, and darkness fled.

That work was great beyond our thought;

But greater things to day He wrought,

When CHRIST, the Very Light of men,

Who died for sinners, rose again.

To-day He rose, that He might save
 His faithful people from the grave;
 To-day the HOLY GHOST He sent
 From that bright place to which He went.

So with His Church we seek His face,
 And worship in His Holy Place;
 And hear His Priest, and join in prayer
 With those that meet together there.

Praise God, from Whom all blessings flow;
 Praise Him, all creatures here below;
 Praise Him above, ye Heavenly Host;
 Praise FATHER, SON, and HOLY GHOST!

NEALE.

EVENING PRAYER.

‘I will lay me down in peace and take my rest; for it is Thou, LORD, only that makest me dwell in safety.’—*Psalm* iv. 9.

Kneel down, and before you begin your prayers, think over the past day, asking yourself these questions:

Did I begin this day with earnest prayer?

How have I passed the day?

What sinful thing have I done?

Or said? Or thought?

Am I in charity with others?

Have I been honest and truthful?

Dutiful to those who are set over me?
Mindful of God's Presence?

Then say,

O Merciful God, who hatest nothing that Thou hast made, and dost forgive the sins of all them that are penitent; Forgive me the sins of the past day (*especially, . . .*). I know that I have in many ways grieved and offended Thee; Pardon, I beseech Thee, all my sins; and grant that I may go to rest in peace with Thee, through JESUS CHRIST our LORD. Amen.

Most gracious God, I thank thee for all Thy goodness to me, and for all the mercies and blessings of the past day; Bless, I pray Thee, (*my father and mother, my brothers and sisters, and*) all my relations and friends; (*Bless also my master and mistress*); and unto us all give Thy grace, so to serve Thee all our days on earth, that in the life to come we may for ever dwell together in heaven, through JESUS CHRIST our LORD. Amen.

Lighten my darkness, I beseech Thee, O LORD; keep me from all sin, and defend me from all perils and dangers of this night, for the love of Thy only SON, our SAVIOUR JESUS CHRIST. Amen.

Our FATHER which art in heaven, &c.

The grace of our LORD JESUS CHRIST, &c.

The following Hymn, or parts of it, are very fit for you say, before you go to sleep. Like the Morning Hymn, should be learnt by heart:

Glory to Thee, my GOD, this night,
For all the blessings of the light;
Keep me, O keep me, King of kings,
Beneath Thy own Almighty Wings.

Forgive me, LORD, for Thy dear SON,
The ill that I this day have done;
That with the world, myself and Thee,
I, ere I sleep, at peace may be.

Teach me to live, that I may dread
The grave as little as my bed;
To die, that this vile body may
Rise glorious at the awful day.

O! may my soul on Thee repose,
And may sweet sleep my eyelids close;
Sleep that may me more vigorous make,
To serve my God when I awake.

O may my guardian while I sleep,
Close to my bed his vigils keep;
His love angelical instil;
Stop all the avenues of ill.

Praise GOD, from Whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye Heavenly Host;
Praise FATHER, SON, and HOLY GHOST!

SUNDAY EVENING.

Prayer for Sunday evening, to be said in addition to those for other evenings :

All praise to Thee, O Heavenly FATHER, for the rest and refreshment of my body and my soul, which I have enjoyed this day : I thank Thee for the opportunity of worshipping Thee in Thy House, and of joining with dear friends and brethren in the prayers and praises of Thy Church ; I thank Thee for the precious truths which have been read and preached to me ; *(and above all, for the strengthening and refreshing of my soul in the Blessed Sacrament)*. Pardon, I beseech Thee, my many infirmities, and sanctify to me all these means of grace : Help me to show forth the fruits of them in my behaviour during the rest of this week ; and as my SAVIOUR died for my sins and rose again from the dead, so may I daily die to sin and rise to holiness of life, through JESUS CHRIST our LORD. Amen.

O DAY of rest and gladness,
O day of joy and light,
O balm of care and sadness,
Most beautiful, most bright ;
On thee, the high and lowly
Through ages joined in tune,
Sing Holy, Holy, Holy,
To the great God TRIUNE.

On thee at the creation
The light first had its birth,
On thee for our salvation
CHRIST rose from depths of earth ;
On thee our LORD victorious
The SPIRIT sent from heaven ;
And thus on thee most glorious
A triple light was given.

Thou art a holy ladder
Where Angels go and come ;
Each Sunday finds us gladder,
Nearer to heaven, our home ;
A day of sweet refection
Thou art, a day of love,
A day of resurrection
From earth to things above.

To-day on weary nations
The heavenly manna falls ;
To holy convocations
The silver trumpet calls :
Where Gospel light is glowing
With pure and radiant beams,
And living waters flowing
With soul-refreshing streams.

New graces ever gaining
From this, our day of rest,
We reach the rest remaining
To spirits of the blest.

To HOLY GHOST be praises,
 To FATHER and to SON;
 The Church her voice upraises
 To Thee, blest Three in One. Amen.

BISHOP WORDSWORTH.

MID-DAY PRAYERS.

‘In the evening, and morning, and at noon-day will I pray, and that instantly: and He shall hear my voice.’—*Psalms* lv. 18.

It is a good rule once at least between our morning and evening prayers to lift up our heart to God in prayer; and Noon is recommended to us for this by the Psalmist. For this purpose you should learn by heart what follows, and take some opportunity of saying it as nearly as you conveniently can to Twelve o’clock.

Remembering that at this hour of the day our LORD JESUS CHRIST was Crucified, say,

O SAVIOUR of the world, who by Thy Cross and precious Blood hast redeemed me, help me, I beseech Thee, O God of my Salvation, and save me.

Grant, O LORD, that whether I eat or drink, labour or rest, I may do all to Thy glory.

Our FATHER, &c.

HYMN.

O God the Lord of place and time,
 Who orderest all things prudently;
 Brightening with beams the opening prime,
 And burning in the midday sky;

to our souls Thy peace

as grace on Thy redeem'd confer,
FATHER, coequal SON,
and HOLY GHOST the Comforter,
eternal Three in One.

You might say sometimes the Creed instead
to, some of this.

SHORT SENTENCES AND PRAYERS TO BE SAID ON PROPER OCCASIONS

Grace before Meals.

Bless, O LORD, the food which
we receive, and strengthen us for Thy service.
Amen.

While passing through the Churchyard on our way to Church.

‘LORD, I have loved the habitation of Thy house, and the place where Thine honour dwelleth.’ ‘I was glad when they said unto me, we will go into the house of the LORD. One day in Thy courts is better than a thousand.’

On entering the House of God.

‘The LORD is in His holy temple : let all the earth keep silence before Him.’—*Habakkuk* ii. 20.

‘We will go into His tabernacle, and fall low on our knees before His footstool ; for He is holy.’—*Psalms* xcix. 5 ; cxxxii. 7.

Prayer to be said on taking your place.

LORD, I am now in Thy presence ; Thou seest my heart, and knowest my weakness and my unworthiness ; Help me by Thy Holy Spirit to worship Thee in spirit and in truth ; Keep far from me all vain and worldly thoughts, and enable me to serve Thee acceptably, through JESUS CHRIST our LORD. Amen.

Before you leave your place, say,

Glory be to Thee, O LORD GOD, who hast permitted me to, worship Thee, this day in Thy

grant me Thy Blessing. Amen.

On seeing a Funeral.

Teach me to live, that I may
The grave as little as my bed
Teach me to die, that so I may
Rise glorious at the awful day

On walking through a Church.

O gently, gently will I speak
And softly, softly tread,
Where in the Church's peace
With solemn words the dead
In their last lowly bed.

As you lie down to sleep.

I lay me down to rest me
I pray the Lord to bless
If I should die before I wake

Under losses.

‘The LORD gave; and the LORD hath taken away; blessed be the Name of the LORD.’—*Job* i. 21.

When tempted, say,

‘How can I do this great wickedness, and sin against God?’—*Genesis* xxxix. 9.

When provoked.

‘Be ye angry and sin not; let not the sun go down upon your wrath.’—*Ephesians* iv. 26.

At work.

‘Prosper Thou the work of my hands, O LORD; O prosper Thou my handywork.’—*Psalms* xc. 17.

After any good work.

‘Glory be to Thee, O LORD.’

PRAYERS, MEDITATIONS, AND HYMNS
PROPER FOR SPECIAL SEASONS.

ADVENT.

‘For we must all appear before the judgment-seat of CHRIST; that every one may receive the things done in his body, according to that he hath done, whether it be good or bad.’—2 *Corinthians* xxv. 10.

‘Watch ye therefore, and pray always, that ye may be accounted worthy . . . to stand before the Son of Man.’—*St. Luke* xxi. 36.

‘We believe that Thou shalt come to be our Judge.

‘We therefore pray Thee, help Thy servants whom Thou hast redeemed with Thy precious Blood.

‘Make them to be numbered with Thy saints in glory everlasting.’—*Te Deum*.

Almighty GOD, give me grace that I may cast away the works of darkness and put upon me the armour of light, now in the time of this mortal life, in which Thy Son JESUS CHRIST came to visit us in great humility; that in the last day, when He shall come again in His *glorious Majesty* to judge both the quick and dead, I may rise to the life immortal, through

Him who liveth and reigneth with Thee and
the HOLY GHOST, now and ever. Amen.

Great God ! what do I see and hear ?

The end of things created !

The Judge of mankind doth appear,

On clouds of glory seated.

The trumpet sounds, the graves restore

The dead that they contain'd before ;

Prepare, my soul, to meet Him.

The dead in CHRIST are first to rise,

And greet th' archangel's warning ;

To meet the SAVIOUR in the skies

On this most awful morning ;

The trumpet sounds, the graves restore

The dead that they contain'd before ;

Prepare, my soul, to meet Him.

His Cross, dread sign, in heav'n appears,

While stoutest hearts are quailing ;

Th' ungodly rise, and all their tears

And sighs are unavailing.

The trumpet sounds, the graves restore

The dead that they contain'd before ;

Prepare, my soul, to meet Him.

My Judge, O grant me to ascend

Before Thy throne immortal,

When thousand thousands Thee attend,

And enter Heaven's high portal.

The trumpet sounds, the graves restore

The dead that they contain'd before ;

Prepare, my soul, to meet Him.

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lerful, Counsellor, the Mighty (lasting FATHER, the Prince of Peace. ix. 6.

‘And the Angel said unto thee, for, behold, I bring you tidings which shall be to all people.

‘For unto you is born this day David a SAVIOUR which is CHRIST—*St. Luke* ii. 10, 11.

‘Glory be to GOD in the heavens, earth peace, good-will towards men. ii. 14.

O merciful SAVIOUR, who, didst come down from Thy royal the bosom of Thy FATHER, in misery, and didst take on The sinner, even human flesh, in the womb of a pure Virgin :

didst not disdain at Thy birth to be wrapped in swaddling clothes and to be laid in a manger ;

Grant that I may be ever in Thy sight a little infant, in humility and lowliness of spirit : take from me all proud thoughts ; and

Be merciful to me.

O Gracious LORD, who at Thy birth wouldst be received into this world with joyful hymns of blessed angels, and be found to the great delight and admiration of poor shepherds ;

Give Thy grace unto me, Thy unworthy servant, continually to persevere in Thy praise, to seek Thee with the shepherds' affection, by seeking to find Thee, and finding Thee, always to retain and enjoy Thee ; and

Be merciful to me.

Christians, awake, salute the happy morn
Whereon the SAVIOUR of the world was born ;
Rise to adore the mystery of love,
Which hosts of angels chanted from above ;
Sing the glad tidings first in Heaven begun,
Of God made Man, the Blessed Virgin's Son.

The praises of redeeming love they sang,
And Heaven's whole orb with Alleluias rang ;
God's highest glory was their anthem still,—
' Peace upon earth, and unto men good-will ; '
This day hath God fulfilled His promised word,
This day is born a SAVIOUR, CHRIST the LORD.

THE CIRCUMCISION OF CHRIST,

we keep and ponder in our mind
Ondrous love in saving lost mankind :
ere the Babe, Who hath retriev'd our loss,
is poor manger to His bitter cross :
n His steps, assisted by His grace,
anged like Him, we see Him face to face.

THE CIRCUMCISION OF CHRIST, OR NEW YEAR'S DAY.

And when eight days were accomplished for
circumcising of the Child, His name was
JESUS, which was so named of the an-
gels before He was conceived in the womb.'—
Luke ii. 21.

Almighty God, who madest Thy blessed Son
circumcised, and obedient to the law for
us, grant me the true circumcision of the

ning of a New Year. Give me grace to remember that the longer the time Thou givest me, the greater will be the account which I must one day render to Thee. May Thy Holy Spirit make me more diligent in preparing for that Great Day. Correct, O LORD, what is wrong in me ; strengthen what is weak ; and enable me, as I grow older, to grow better and holier ; so that I fail not at last to attain that everlasting peace and blessedness, to which Thou, of Thy great mercy, hast called me, through the merits and mediation of Thy only SON, our SAVIOUR JESUS CHRIST. Amen.

With Thee, O LORD, begins the year,
With Thee and with Thy sufferings here ;
Thine own example makes it plain,
We, too, must suffer, ere we reign.

By giving up our will and way,
By self-denial every day ;
Oh, help us thus to spend this year,
And all the time Thou giv'st us here !

Thy way at first seems rough and hard,
Its end is peace and great reward :
The Land, where days and years are o'er,
And change and grief come never more.

Praise God, from Whom all blessings flow ;
Praise Him, all creatures, here below ;
Praise Him above, ye heavenly host ;
Praise FATHER, SON, and HOLY GHOST !

LENT.

Holy Scripture says: 'To every thing there is a season and a time . . . a time to laugh, and a time to mourn (Eccles. iii. 1-4.)' Christmas was 'a time to laugh,' that is to be glad and merry of heart; so, too, is Easter. Lent, on the contrary, is a 'time to mourn,' to mourn for our sins and Christians who would truly taste the blessedness of Easter joy must humble themselves, and mourn for their sins during Lent. To mourn properly for our sins, we must first know them and acknowledge them; and in order to know them we must carefully examine our lives. The following questions on the Ten Commandments will help you to do this. Say to yourself:

I. How have I done my duty towards God?

1. Do I live, as if I believed in Him, remembered Him, feared Him, loved Him?

Have I been regular and earnest in my prayers to Him?

2. Do I serve God with all my heart, refusing to let anyone else in this world, or anything else (as money, pleasure, praise), take that first place in my mind which God alone ought to have?

3. Have I not only abstained from swearing, but have I also revered God's Holy Name and Word, never naming the Name of God, FATHER, SON, and HOLY GHOST, vainly nor thoughtlessly? and have I honoured His holy Word, by reading it as often as I can, and trying, by God's grace, to obey it?

4. Have I kept holy the LORD's Day, resting from all needless labour? Have I gone regularly to Public Worship, and to the LORD's Table?

· II. How have I done my duty towards my Neighbour?

5. Have I loved, honoured, and helped, as far as I could, my father and my mother? Have I honoured and obeyed all who are in authority over me? the Queen; Magistrates; my Bishop; my Spiritual Pastor; my Master and Mistress?

6. Have I been careful to hurt nobody by word or by deed? Do I bear no envy, malice, nor hatred in my heart? Do I forgive those who provoke or injure me? Do I try to return good for evil? and do I give back gentle and kind words for those which are hard and unkind?

7. Have I kept my body in temperance, soberness, and chastity? Have I never willingly sinned against this commandment in thought, and in word, if not also in deed?

8. Have I kept my hands from picking and stealing? Have I been true, just, and honest, in all my dealings? and have I not only done no harm to my neighbour by cheating or injuring him, but have I also done him all the good that I could?

9. Have I carefully kept my tongue from

3 in repentance
says careful to speak the truth
th, and nothing but the truth?
10. Have I kept my heart from
gerly desiring what it has not ple
ve me? and do I try to do my dai
ntedly and honestly, in that sta
hich it has pleased God to call me

Whenever your conscience tells you that
stray and have sinned, say,

LORD, have mercy upon me, an
his sin; and incline my heart
keep this commandment better.*

You will do well to say the followin
during Lent, in addition to your other d
you cannot find time to say them every day
every Wednesday and Friday.

LORD, have mercy,
GOD have mer

For Humility of Soul.

Almighty and Everlasting God, Who hatest nothing that Thou hast made, and dost forgive the sins of all them that are penitent; create and make in me a new and contrite heart, that I, worthily lamenting my sins, and acknowledging my wretchedness, may obtain of Thee, the God of all mercy, perfect remission and forgiveness, through JESUS CHRIST our LORD. Amen.

For humiliation of body, as helpful to humility of Soul.

O LORD, Who for my sake didst fast forty days and forty nights, give me grace to use such abstinence that, my flesh being subdued to the spirit, I may ever obey Thy godly motions in righteousness and true holiness, to Thy honour and glory, Who livest and reignest with the FATHER and the HOLY GHOST, one God, world without end. Amen.

For Grace to conquer our besetting sins.

O most merciful God, Who knowest not only all I do, but also every thought of my heart; Thou knowest my sinfulness and my weakness, the temptations which have most power over me, and the sin which doth most easily beset me: Have mercy upon me, I beseech Thee, and help me. Forgive me my many and great falls, and give me Thy grace to

serve Thee more faithfully for the time to co
for the merits and through the mediation of
only LORD and SAVIOUR JESUS CHRIST. An

If you have time for more, say, on your knees, the
Psalm ; or you might say in turn this and any one o
other Penitential Psalms, 6, 32, 38, 102, 130, 143.

Rock of Ages, cleft for me,
Let me hide myself in Thee !
Let the Water and the Blood
From Thy riven side which flowed,
Be of sin the double cure,
Cleanse me from its guilt and power.

Not the labours of my hands
Can fulfil Thy law's demands ;
Could my zeal no respite know,
Could my tears for ever flow,
All for sin could not atone ;
Thou must save, and Thou alone.

Nothing in my hand I bring,
Only to Thy Cross I cling :
Naked, come to Thee for dress ;
Helpless, look to Thee for grace ;
Vile, to David's Fountain fly :
Cleanse me, SAVIOUR, or I die.

While I draw this fleeting breath,
When mine eyelids close in death,
When I soar through tracts unknown,—
See Thee on Thy Judgment-Throne,
Rock of Ages, cleft for me,
Let me hide myself in Thee. &

The forty days of Lent being a time of 'Fasting and Abstinence' (see the Tables and Rules, &c. in the Prayer Book), you should in some ways deny yourself in your food, laying down a rule for this, so far as your health and circumstances permit. If you feel a difficulty in making a rule for yourself, ask advice of some clergyman.

Some pleasures also and amusements, which are innocent at other times, are out of place in Lent.

You will also find it good for you to take advantage, so far as you can, of the special Prayers and Sermons in church to which the clergy invite you at this season.

These things require some pains and trouble; they call for some exertion; and thus your going oftener to church in Lent, or your saying more prayers at home, and reading more of the Bible or of some religious book than you usually do, or giving up for a time some innocent pleasure, are each of them parts of that abstinence and self-denial which the Church, after the teaching of God's Word, directs us to practise during Lent. Some persons cannot fast much. Their health, their age, or their poverty, which obliges them always to live very sparsely, will not permit it. But all can deny themselves in these ways, and can endeavour thus to humble and improve themselves; and to all such it is promised, 'Humble yourselves under the mighty hand of God, and He will lift you up;' and 'Draw nigh unto God, and He will draw nigh unto you.'

17-25; *St. Mark* xiv. 12-21; *St. Luke* xxii. 7- and 21-34; *St. John* xiii. 1-30.

He instituted the Holy Sacrament of His Body and His Blood. 'DO THIS IN REMEMBRANCE OF ME'—*St. Matt.* xxvi. 26-28; *St. Mark* xiv. 22-24; *St. Luke* xxii. 19, 20.

His great and last instructions and consolations.—*St. John* xiv.-xvi.

His Prayer for His Church.—*St. John* xvii.

He went out to Gethsemane.

There He suffered His AGONY AND BLOODY SWEAT and was BETRAYED.—*St. Matt.* xxvi. 36-56; *Mark* xiv. 32-52; *St. Luke* xx. 39-53; *St. John* xviii. 1-12.

From Gethsemane they took Him before the High Priest, where, late at night, He was questioned, condemned, insulted, buffeted, spit upon by enemies; and denied by Peter.—*St. Matt.* xxvi. 69-75; *St. Mark* xiv. 53-72; *St. Luke* xxii. 54-62; *St. John* xviii. 13-27.

6. GOOD FRIDAY.—*Early in this morning our suffering LORD, having been condemned by the High Priest and his council for making Himself 'THE SON OF GOD,' was sent by them to Pilate, charged with making Himself a king. Pilate sent Him to Herod, and Herod, after insulting and mocking Him, sent Him back again to Pilate, who ordered Him to be scourged, and then delivered Him to be Crucified.—St. Matt.* xxvii. 1, 2, 11-26; *St. Mark* xv. 1-15; *St. Luke* xxiii. 1-25; *St. John* xviii. 28 to xix. 16.

At Nine o'clock called 'the third hour'

and Elders questioned His authority ; and in reply He asked them of John the Baptist and spoke parables to them.—*St. Matt.* xxi. 23–46, xxii. 1–14 ; *St. Mark* xi. 27, xii. 12 ; *St. Luke* xx. 1–18. His enemies tried to entangle Him in His talk.—*St. Matt.* xxii. 15–46 ; *St. Mark* xii. 13–24 ; *St. Luke* xx. 20–38. He condemns the Scribes and Pharisees, but blesses the poor widow.—*St. Matt.* xxiii. 13 ; *St. Mark* xii. 35–44 ; *St. Luke* xxi. 1–4. He foretold His death.—*St. John* xii. 20–36. Presently He addressed the Jews for the last time, foretelling the destruction of Jerusalem, and the end of the world.—*St. Matt.* xxiv. 1–14 ; *St. Mark* xiii. 1–13 ; *St. Luke* xxi. 5–19. And spake the Parables of *The Ten Virgins*, and of the *Talents*, and declared the Great Judgment.—*St. Matt.* xxv.

4. WEDNESDAY.—The LORD seems to have passed all this day at Bethany ; and to-day Judas Iscariot made his covenant with the Chief Priests to betray his Holy Master to them.—*St. Matt.* xxvi. 14–16 ; *St. Mark* xiv. 10, 11 ; *St. Luke* xxii. 3–6.

5. THURSDAY.—Called also Maundy Thursday, Maundy meaning Commandment, the name given to this day because of CHRIST'S words, 'A NEW COMMANDMENT give I unto you, that ye love one another ; as I have loved you, that ye also love one another.' To-day, the first day of the Passover, our blessed SAVIOUR sent two disciples into Jerusalem to prepare for Him the Passover, and having come to supper, He sat down with the Twelve, washed their feet, foretold that Judas would betray Him, Peter deny Him, and all forsake Him.—*St. Matt.* xxvi.

PALM SUNDAY.

Almighty and everlasting God, who, of Thy tender love towards mankind, hast sent Thy SON, our SAVIOUR JESUS CHRIST, to take upon Him our flesh, and to suffer death upon the Cross, that all mankind should follow the example of His great humility ;

Mercifully grant that I may both follow the example of His patience, and also be made a partaker of His Resurrection, through the same JESUS CHRIST our LORD. Amen.

Come, faithful people, come away !
Your homage to your Monarch pay ;
It is the feast of Palms to-day.

Hosanna in the Highest.

When CHRIST, the LORD of all, drew nigh
On Sunday morn to Bethany,
He called two loved ones standing by.

Hosanna, &c.

'To yonder village go,' said He,
'An ass and foal tied shall ye see,
Loose them and bring them unto Me.'

Hosanna, &c.

'If any man dispute your word,
Say, "They are needed by the LORD,"
And he permission will accord.'

Hosanna, &c.

The two upon their errand sped,
And found the ass as He had said,
And on the colt their clothes they spread.
Hosanna, &c.

They set Him on His throne so rude;
Before Him went the multitude,
And in the way their garments strewed.
Hosanna, &c.

They thronged before, behind, around,
They cast palm branches on the ground,
And still rose up the joyful sound,
Hosanna, &c.

'Blessèd is Israel's King,' they cry,
Blessèd is He that cometh nigh
In Name of GOD the LORD most High,
Hosanna, &c.

Thus, SAVIOUR, to Thy Passion go,
Arrayed in royalty of woe,
Assumed for sinners here below.
Hosanna, &c.

Go, SAVIOUR, thus to triumph borne,
Thy crown shall be the wreath of thorn,
Thy royal garb the robe of scorn.
Hosanna, &c.

The reed Thy sceptre mock must be
Thy throne the Cross of Calvary,
Where Thou shalt reign from off the Tree.
Hosanna, &c.
The People's Hymnal.

MONDAY IN HOLY WEEK, ETC.

MONDAY IN HOLY WEEK, ETC.

any which follows should be said every day for this week, or so much of it as you have time for, to your other prayers, after reading in the Holy Scriptures the events of each day as given on pages 30—33.

merciful LORD, who, for Thy love to mankind, didst, as at this season, endure infinite pains, injuries, calumnies, blasphemies, and reproaches, even of those to whom Thou hadst done so much good;

Give in me a heart pure and innocent; that I may forgive mine enemies, and love my enemies, rendering good for evil, whereby I may become myself a true follower of Thy perfect love and patience; and

Be merciful to me.

merciful SAVIOUR, who, praying in th

lament nor murmur whilst Thou wert shamefully entreated by Thy enemies ;

Give me strength, after Thy example, willingly and patiently to endure all adversity and tribulation which shall at any time befall me ; and

Be merciful to me.

O Merciful JESU, who standing in the presence of the high priest, didst patiently endure a cruel blow ;

Mortify in me all angry affections, that I be not angry when I am injured, not think of revenge, but for Thy sake may bear all things patiently, rendering good for evil ; and

Be merciful to me.

O Gracious REDEEMER, who, in the night of Thy passion, wouldst be mocked, derided, and many ways be despitefully handled ;

Help mine infirmities, lend me aid that I faint not under temptations or tribulations, but give me grace to be thankful to Thee for them ; and

Be merciful to me.

O Loving SAVIOUR, who, being denied by Thy apostle St. Peter, didst look on him with the eye of compassion, and cause him to bewail his offence with bitter tears ;

same grace
away my sins with thee
never deny Thee, my LORD and
word or deed; and
Be merciful to me

O Sweet JESU, who, being
be bound to a pillar and
Thy blessed body was torn
Heal my wounds by Thy
evil thoughts from me, and
to endure the strokes of
tion; and
Be merciful

O Gracious LORD, who,
received, and so much
wert mocked and crowned
thorns; . . . the remen

Thine own cross to Mount Calvary, and there to comfort the lamenting women, exhorting them to weep not for Thee, but themselves and children ;

Give me grace with a cheerful mind to bear any cross Thou shalt lay upon me, and to bewail with tears my sinful life past ; and

Be merciful to me.

O Merciful REDEEMER, who didst suffer Thy sacred hands and feet to be pierced with nails and fastened to the cross, and there didst with great shedding of blood suffer inexpressible torments ;

Grant that I may always, with a faithful and thankful heart, bear in mind Thy very great love, who wouldst endure so great and grievous things for me. Purge and wash my soul, with those streams of Thy most precious blood, from all uncleanness, and offer them to the FATHER for the full and perfect satisfaction of all my transgressions ; and

Be merciful to me.

O Blessed LORD, who in Thy bitter pains didst intercede with the FATHER for Thine enemies who crucified Thee ; saying, ' FATHER forgive them, for they know not what they do : '

HOLY WEEK.

me grace that, according to Thy precept and practice, I may love mine enemies as they love me, and do good to those who do evil to me; and

Be merciful to me.

Sweet JESU, who for the grievousness of our sins and great loss of blood, didst faint and say, 'I thirst,' and wert pleased to drink of vinegar;

the remembrance of this cup extinguish all riot and excess; give me the virtue of temperance, that all wrong passions being rooted in me, I may wholly thirst after Thee; and

Be merciful to me.

Add on Maundy Thursday, on which day the LORD JESUS instituted the blessed Sacrament:—

O Merciful SAVIOUR, who didst eat the Paschal Lamb with Thy disciples, and, giving them an example of humility, upon Thy knees didst wash their feet;

Grant that this example may make a deep impression in me; give me perfect humility, true obedience, and warm love, whereby I may love Thee sincerely and all others truly; and

Be merciful to me.

O Blessed LORD, who of Thy great love didst institute the blessed Sacrament of Thy Body and Blood, whereby Thou mightest continue with us to the end of the world;

Stir up in me an earnest desire and longing after this holy Sacrament, and grant that I may ever receive it with a chaste love, deep affection, and a pure heart; and

Be merciful to me.

**FRIDAY IN HOLY WEEK, COMMON
CALLED GOOD FRIDAY.**

Hymns, all or any of which may be said and re-said
time to-day.

SAVIOUR, when in dust to Thee
Low we bow the adoring knee ;
When, repentant, to the skies
Scarce we lift our weeping eyes ;
O by all Thy pains and woe
Suffered once for man below,
Bending from Thy throne on high
Hear our solemn Litany !

By Thy helpless infant years,
By Thy life of want and tears,
By Thy days of sore distress
In the savage wilderness ;
By the dread mysterious hour
Of the insulting tempter's power ;
Turn, O turn a favouring eye,
Hear our solemn Litany !

By Thine hour of dire despair ;
By Thine agony of prayer ;
By the Cross, the nail, the thorn,
Piercing spear, and torturing scorn ;
By the gloom that veiled the skies
O'er the dreadful Sacrifice ;
Listen to our humble cry,
Hear our solemn Litany !

By Thy deep expiring groan ;
By the sad sepulchral stone ;

By the vault, whose dark abode
Held in vain the rising God :
O from earth to heaven restored,
Mighty re-ascended Lord,
Listen, listen to the cry
Of our solemn Litany ! Amen.

‘There stood by the Cross of JESUS His Mother.’

By the Cross, sad vigil keeping,
Stood the doleful Mother weeping
Where her Son extended hung ;
For her soul, of joy bereavèd,
Smit with anguish, deeply grievèd,
Lo ! the piercing sword had wrung.

O how sad and sore distressèd,
Now was she, that Mother Blessèd
Of the Sole-Begotten One !
Wee-begone, with heart’s prostration,
Mother meek, the bitter Passion
Saw she of her glorious Son.

Who, on CHRIST’s fond Mother looking,
Such extreme affliction brooking,
Born of women, would not weep ?
Who, on CHRIST’s fond Mother thinking,
With her Son in sorrow sinking,
Would not share her sorrow deep ?

For His people’s sins rejected,
She her JESUS unprotected
Saw with thorns, with scourges rent ;
Saw her Son from judgment taken,
Her Beloved in death forsaken,
Till His Spirit forth He sent.

With Thy Mother's deep devotion,
 Make me feel her strong emotion,
 Fount of Love, REDEEMER kind :
 That my heart, fresh ardour proving,
 Thee my GOD and SAVIOUR loving,
 May with Thee acceptance find.

' God forbid that I should glory, save in the Cross
 LORD JESUS CHRIST.'

Cling to the Crucified :
 His death is life to thee,
 Life for eternity.
 His pains thy pardon seal ;
 His stripes thy bruises heal ;
 His Cross proclaims thy peace,
 Bids every sorrow cease.
 His Blood is all to thee,
 It purges thee from sin ;
 It sets the spirit free,
 It keeps thy conscience clean.
 Cling to the Crucified.

Cling to the Crucified :
 His is a Heart of love,
 Full as the hearts above ;
 Its depths of sympathy
 Are all awake for thee :
 His countenance is light,
 E'en in the darkest night.
 That love shall never change,
 The People's F

That light shall ne'er grow dim ;
Charge thou thy faithless heart
To find its all in Him.
Cling to the Crucified.

THE SEVEN WORDS FROM THE CROSS.

Draw near, thou lowly Christian,
And kneel beneath the Tree,
Where hangs thy LORD and SAVIOUR,
Shedding His Blood for thee ;
Hear how He speaks in voices seven,
And make thy prayer the while to heaven.

The First Word.

St. Luke xxiii. 34.

Nailed on the Cross in anguish
Of soul and body too,
He pleads, ' Forgive them, FATHER,
Who know not what they do.'—
JESU ! this selfish heart convert
To pray for those who seek my hurt.

The Second Word.

St. Luke xxiii. 43.

Next, royal grace conferring,
He speaks, ' To thee I say,
Thou shalt be with Me. verily
In Paradise to-day.'—
LORD, with the thief remember me,
When in Thy kingdom Thou shalt be.

GOOD FRIDAY.

The Third Word.

St. John xix. 26, 27.

Now friend and Mother cheering,
To her, 'Behold thy Son ;'
And then, 'Behold thy Mother,'
To that belovèd one.—
JESU ! to this my heart prepare,
For homeless ones with Thee to care.

The Fourth Word.

St. Matthew xxvii. 46.

His wrath for sin declaring
The FATHER light denies ;
'My GOD, My GOD, why hast Thou
Forsaken Me,' He cries.—
JESU ! in death's lone hour be near
My sins to chase, my soul to cheer.

The Fifth Word.

St. John xix. 28.

JESU ! that I Thy work complete,
O make me for Thy service meet.

The Seventh Word.

St. Luke xxiii. 46.

Then bows He, loudly crying,
(Most trustful in the end,)
' Into Thy hands, O FATHER,
My Spirit I commend.'—
Sinful and weak, O LORD, may I
Still on Thy love in death rely.

Go boldly onward, Christian,
Counting earth's gain but loss,
For love of all thou bearest
Beneath the precious Cross.
To JESUS looking, run thy race,
Then rest in death, on JESUS' grace. Amen.

The People's Hymnal.

' For the joy that was set before Him He endured the
Cross, despising the shame.'

Now, my soul, thy voice upraising,
Tell in sweet and mournful strain,
How the Crucified, enduring
Grief, and wounds, and dying pain,
Freely of His love was offered,
Sinless was for sinners slain.

Scourged with unrelenting fury
For the sins which we deplore,
By His livid stripes He heals us,
Raising us to fall no more:
All our bruises gently soothing,
Binding up the bleeding sore.

See ! His hands and feet are fastened ;
 So He makes His people free ;
 Not a wound whence blood is flowing
 But a fount of grace shall be ;
 Yea, the very nails which nail Him
 Nail us also to the tree.

Through His heart the spear is piercing,
 Though His foes have seen Him die ;
 Blood and water thence are streaming,
 In a tide of mystery,
 Water from our guilt to cleanse us,
 Blood to win us crowns on high.

JESU, may those precious fountains
 Drink to thirsting souls afford ;
 Let them be our cup and healing,
 And at length our full reward ;
 So a ransomed world shall ever
 Praise Thee, its Redeeming Lord. *Am*

Our LORD's death upon the Cross on Good Friday sh^d be remembered and observed on every Friday in the y^r For, as the Church keeps on every Sunday, that is, on first day of the week, His glorious Resurrection from Grave, calling it 'the Lord's Day,' and so has 'an Ea Day in every week ;' so on every Friday she bids us tl of 'His Cross and Passion, His precious Death and Bur For amongst the Days of Fasting or Abstinence ordere the Prayer Book, we find 'All the Fridays in the year, ex Christmas-Day.' A distinction, therefore, ought to be n on every Friday between that and the other days of week ; and it would be well to add to your usual pra on Fridays the Litany for the Holy Week, 'O Grac LORD, &c.,' and one or more of the Hymns for Good Fri *They who thus mourn with their crucified LORD on e Friday will find themselves the better able to rejoice Him on the Lord's Day.*

SATURDAY IN HOLY WEEK, COMMONLY
CALLED EASTER EVE.

O blessed SAVIOUR, who with great sorrow
of Thy friends wert taken down from the Cross
and laid in the Grave;

Bury with Thee all my evil desires, that I
may seem dead to those things which displease
Thee, and be wholly delighted in Thee my
REDEEMER; and

Be merciful to me.

O LORD JESUS, our rest and our life, we
thank Thee, O LAMB OF GOD, that Thou hast
taken away the sins of the world, and after Thy
death didst enter the grave and wast buried,
that we might be delivered from the fear of
death and the grave. We bless Thee that Thou
by Thy sufferings, Thy rest in the grave, and
Thy resurrection, hast won for us an everlast-
ing Rest. Help us, gracious LORD, to be wholly
delivered from the fear of the grave by Thy
burial in it, and willingly, when Thou callest
us thereto, to sleep in it, as in a chamber of
rest for Thy saints. Grant unto us to know
that Thou, by Thy holy grave, hast made holy
all the graves of Thy saints, till the glorious

Grant, O LORD, that by
the death of Thy blessed Son
JESUS CHRIST, so by continual
corrupt affections, I may be free
and that through the grave and
I may pass to a joyful resurrection
merits, who died and was buried
for us, Thy Son JESUS CHRIST
Amen.

'Thou shalt not leave My Soul in Hell
suffer Thine Holy One to see corruption

All is o'er, the pain, the sorrow
Human taunts, and Satan's
Death shall be despoiled to
Of the prey he grasps to
Yet once more to seal his covenant
CHRIST must sleep within the tomb

Close and still the cell that holds Him,
 While in brief repose He lies;
 Deep the slumber that enfolds Him,
 Veiled awhile from mortal eyes :
 Slumber such as needs must be,
 After hard-won victory.—NEALE.

EASTER DAY.

Lent is over: and so is the Holy Week of our dear ~~REDEEMER~~ ^{REDEEMER}'s Passion, Death, and Burial, with which Lent ends. To-day, therefore, we put off our humiliation and mourning; and whereas our thoughts during the Forty Days of Lent were *chiefly* of sin—how we might truly turn from all our past sins, conquer the temptations which most easily beset us, and grow holier and better—so to-day we think *chiefly* of our Blessed LORD, no longer suffering for sin, as He was during the past week, no longer dead and buried, as He was yesterday and on Good Friday, but alive again, Risen from His grave, the Conqueror of Sin, of Satan, and of Death, in whom we also, if we are faithful to Him, may conquer sin and Satan, and may reckon Death to be but the Gate of Life. While, therefore, our first thoughts on waking to-day will be the thoughts of St. Paul, when he said, 'Thanks be to God which giveth us the victory through our LORD JESUS CHRIST;' and while we prepare for our joyful Easter worship, and especially for the Blessed Sacrament, to which every good Christian always goes to-day (if he can), our first words will be:—

CHRIST IS RISEN !

AND

'This is the day which the LORD hath made :
 we will rejoice and be glad in it.'

only to-day, but all through Easter-time.—

O glorious LORD, who after triumphing overcome Death and Satan, didst rise out of the grave, and visit Thy friends ;

Revive me from the death of sin,
to walk in newness of life ; and
show me heavenly things, that when Thou
I may appear with Thee in glory ;

Be merciful to me.

JESUS CHRIST is risen to-day,
Our triumphant holy day,
Who didst once upon the Cross
Suffer to redeem our loss. All

Hymns of praise then let us sing
Unto CHRIST our Heavenly King
Who endured the Cross and

He is risen, He is risen !
Tell it with a joyful voice ;
He has burst His three days' prison !
Let the whole wide earth rejoice ;
Death is conquered, man is free,
CHRIST has won the victory.

Come ye sad and fearful-hearted,
With glad smile and radiant brow ;
Lent's long shadows have departed,
All His woes are over now ;
And the Passion that He bore,
Sin and pain can vex no more.

Come with high and holy hymning,
Chant our LORD's triumphant lay ;
Not one darksome cloud is dimming
Yonder glorious morning ray,
Breaking o'er the purple east,
Symbol of our Easter feast.

He is risen, He is risen !
He has opened Heaven's gate !
We are free from sin's dark prison !
Risen to a holier state ;
And a brighter Easter beam
On our longing eyes shall stream.

C. F. ALEXANDER.

There stood three Marys by the tomb,
On Easter morning early :
When day had scarcely chased the gloom,
And dew was white and pearly :
Alleluia, Alleluia !

With loving but with erring mind,
They came the Prince of Life to find :
Alleluia, Alleluia !

But earlier still the Angel sped,
His news of comfort giving ;
And ' Why,' he said, ' among the dead
Thus seek ye for the living ?'
Alleluia, Alleluia !
' Go, tell them all, and make them blest ;
Tell Peter first, and then the rest.'
Alleluia, Alleluia !

But one, and one alone, remained,
With love that could not vary ;
And thus a joy past joy she gained,
That sometime sinner, Mary ;
Alleluia, Alleluia !
The first the dear, dear form to see
Of Him that hung upon the Tree :
Alleluia, Alleluia !

The world itself keeps Easter day,
The earth with flowers is beaming ;
The primrose spreads her clusters gay,
The bluebells bright are gleaming.
Alleluia, Alleluia !
The LORD has risen, as all things tell :
Good Christians, see ye rise as well !
Alleluia, Alleluia !—NEALE.

ASCENSION DAY, CALLED ALSO IN THE PRAYER-BOOK
HOLY THURSDAY.

To-day we keep the memory of one of the greatest events in the history of our most Blessed LORD. We kept His Birth at Christmas; His Death on Good Friday; His Resurrection at Easter; and now we keep His Ascension into Heaven. We do this after most ancient custom of the Church. St. Augustine, a man of great piety and learning, who lived 1,400 years ago, tells us that in his time a day was kept holy in memory of the LORD's Ascension. He speaks of it just as he does of Good Friday and Easter Day, and says that, as no man knew when those days began to be observed, he therefore concluded that it was either an institution of the Apostles, or else it had been instituted very soon after the Apostles' times. St. Chrysostom, too, who lived rather earlier, and in a different part of the world, says in one of his sermons, 'We have lately celebrated our SAVIOUR's Passion, His Resurrection, and then His return to Heaven,' that is, His Ascension; and in another place he calls this festival 'the illustrious and refulgent day of our LORD's Assumption (i.e., His being taken up) into Heaven;' clearly showing that both in the East and in the Western part of the world Christians have from the beginning set aside a day for showing their memory of their LORD's Ascension. The Church of England, following in this, as in all other things, 'The Holy Church throughout the world,' has always done the same. In the Prayer Book you may see that the Church honours this day just as she does Christmas-Day, appointing proper psalms and lessons for the day, and a special collect for the celebration of our LORD's death; plainly expecting that all Christians will keep the Ascension-Day as a holiday; a day, that is, for rest from our usual work, and for that rejoicing of soul which is to be found 'in the Courts of the LORD's House.' If, therefore, you would keep this day properly, you must make a point of coming to Church once at least in the day, and (if possible) to the LORD's Table. Otherwise you do not keep the rules of your Church, and you

fallible proofs, being seen of the
and speaking of the things pe
kingdom of God. . . . And
out as far as to Bethany : . . .
unto them, All power is given
Heaven and in earth : Go ye th
the world and teach all nation
Gospel to every creature: Bap
the name of the FATHER, and o
of the HOLY GHOST; teaching t
all things whatsoever I have co
. . . . And, lo, I am with yo
unto the end of the world. And
He had spoken these words, H
hands and blessed them: and
while He blessed them, He wa
them and carried up into heave
received Him out of their sight

PRAYERS.

O merciful SAVIOUR, who forty days after Thy Resurrection didst gloriously and triumphantly ascend into heaven in the sight of Thy disciples ;

Let it please Thy goodness to pour a longing desire and love of Thee into my soul, that it may be lifted up in affection to Thee, to seek those things which are above, and

Be merciful to me.

Thou sittest at the Right Hand of God in the glory of the FATHER !

Grant, I beseech Thee, Almighty God, that like as I do believe Thy only-begotten Son, our LORD JESUS CHRIST, to have ascended into the heavens ; so I may also in heart and mind thither ascend, and with Him continually dwell, who liveth and reigneth with Thee and the HOLY GHOST, One God, world without end. Amen.

God is gone up with a merry noise
Of Saints that sing on high :
With His own right hand and His holy arms
He hath won the victory.

Now vanquished are the courts of death,
And crushed thy sting, despair ;
And roses bloom in the desert tomb,
For Jesus hath been there.

And He hath tamed the strength of Hell,
And dragged him through the sky,
And captive behind his chariot wheel
He hath bound captivity.

God is gone up with a merry noise
Of Saints that sing on high ;
With His own right hand and His holy arm
He hath won the victory.

Hail the day that sees Him rise,
Glorious to His native skies ;
CHRIST, awhile to mortals given,
Enters now the highest heaven.

There the glorious triumph waits ;
Lift your heads, eternal gates ;
CHRIST has vanquished death and sin,
Take the King of Glory in.

Him though highest heaven receives,
Still He loves the earth He leaves ;
Though returning to His throne,
Still He calls mankind His own.

See, He lifts His hands above,
See, He shows the prints of love,
Hark, His gracious lips bestow
Blessings on His Church below.

Still for us His death He pleads,
Still for us He intercedes,
Near Himself prepares our place
First fruits of the human race.

Master, (will we ever say,)
 Taken from our head to-day,
 See Thy faithful servants, see,
 Ever gazing up to Thee.

Ever upwards may we rove,
 Wafted on the wings of love,
 Watching when our LORD shall come,
 Looking, longing, after home :

There we shall with Thee remain,
 Partners of Thine endless reign :
 There Thy face unclouded see ;
 Find our heaven of heavens in Thee. Amen.

WHIT-SUNDAY.

Another of the Church's highest and holiest days. For to-day, called 'the Day of Pentecost,' that is, fifty days from the Jews' Feast of the Passover; and so fifty days from our Easter Day; to-day the HOLY GHOST, the Third Person in the Holy Trinity, came down upon the holy Apostles (see *Acts* ii. 1, 2) as the LORD promised (*St. John* xiv. 15-18, 26, xvi. 4; *Acts* i. 4-8), filling them with new and heavenly gifts according to His promise.

Two reasons are given for calling this Sunday Whit-, that is, White-Sunday. 1. Because a glorious light from heaven was to-day sent down upon the earth, to enlighten the souls of all true believers. 2. Because Whit-Sunday was at first a great day for Baptisms, especially of those who had been converted to the faith after they were grown up; and those who were to be Baptized came to the Font clothed in

white, this colour signifying the holiness of life w
 professed, and the spiritual life which they trusted
 in their Baptism; as a holy man long ago preach
 white clothing is to mind you that you should alw
 after go in white. I speak not this to persuade yo
 to wear white clothes, but that you should always
 with spiritual white, brightness, and purity of so
 you may say with divine Isaiah, "I will greatly
 the LORD, for He hath clothed me with the garmer
 ration, He hath covered me with the robe of righte
 (See *Isaiah* lxi. 10, and *Revelations* xix. 8.)

Whitsuntide is a great time for keeping Holiday
 is no harm in this. It is the witness of a Christia
 to the blessedness of the season. But Christians shou
 lest in taking their pleasures they do dishonour to
 Spirit, by doing the works of the Evil One (see *Ga*
 19-21), instead of showing forth the fruits of the I
 (See *Galatians* v. 22-26.)

Some words are added for use at this Season.

'I believe in the HOLY GHOST, the Lo
 Giver of Life, who proceedeth from the
 and the SON, who with the FATHER and
 together is worshipped and glorified, wh
 by the Prophets.'

O gracious LORD, who (according to T
 mise before Thy Ascension) didst send Th
 Spirit upon Thy disciples and other Th
 servants;

Purify, I beseech Thee, my heart, t
 same Spirit, finding my soul pure and
 may make its abode in it, and adorn
His manifold graces; and

Be merciful to me.

**O God the HOLY GHOST, who sanctifieth me,
and all the elect people of God; have mercy
upon me, and sanctify me.**

**Come, HOLY GHOST, our souls inspire,
And lighten with celestial fire;
Thou the anointing SPIRIT art,
Who dost Thy sevenfold gifts impart;
Thy blessed unction from above
Is comfort, life, and fire of love.**

**Enable with perpetual light
The dulness of our blinded sight;
Anoint and cheer our soiled face
With the abundance of Thy grace;
Keep far our foes, give peace at home;
Where Thou art guide no ill can come.**

**Teach us to know the FATHER, SON,
And Thee, of both, to be but one;
That through the ages all along,
This still may be our endless song;
Praise to Thy eternal merit,
FATHER, SON, and HOLY SPIRIT. Amen.**

‘ Promise unto the LORD yo
it: all ye that are round abou
xxvi. 22.

‘ When thou vowest a vo
defer not to pay it ; for He ha
fools: pay that which thou ha

‘ Better is it that thou should
that thou shouldest vow and no
astes v. 4–5.

Then shall the Bishop

‘ Do ye here, in the presenc
this congregation, renew the
and vow that was made in yo
Baptism ; ratifying and conf
in your own persons, and ack
selves bound to believe, and
things. which your Godfathers

and now in my Confirmation; I thank Thee for Thy favour in adopting me for Thine own child in my infancy; for Thy goodness as I grew up in teaching me to know and to love Thee; and for the grace which I have now received by the hands of Thy Bishop. Give me grace to remember the solemn vow by which I have now bound myself to Thy service; and grant that no wilful sin may ever grieve or drive away from me Thy Holy Spirit; but that He may ever be in me the Spirit of wisdom and understanding, the Spirit of counsel and ghostly strength, the Spirit of knowledge and true godliness, that so I may continue *Thine for ever*, through JESUS CHRIST our LORD. Amen.'

The first duty of those who are Confirmed is to become regular communicants; that is, to come to the LORD's Table three times, *at the least*, in every year, of which Easter is to be one.

It would be well to write down the year and the day of the month in which you were confirmed, and every year, as the day returns, consider how you have performed your promise:—

Confirmed on the day of 18 ,
by the Bishop of

Duties of Children towards their Parents.

Ecclesiastes vii. 27.—'Honour thy father with thy whole heart, and forget not the sorrows of thy mother. How canst thou recompense them the things that they have done for thee.'—*Tobit* iv. 3-4.

thou mayest live long on the ear
Deuteronomy xxi. 18–21.)

‘My duty is . . . to love, honour
my father and my mother.’

O God, our Heavenly Father
taught us to honour and to love our
hast promised Thy especial blessing
keep this commandment; give me
faithful in this duty; let me never
much more I owe to them than I
pay; and grant that both for Thy
ment’s sake, and also from love
and mother, I may ever love, and
the best of my power, help and comfort
through Him who loved, and who
suffered for, His mother, our Saviour
CHRIST. Amen.

Duty of Parents towards their Children.

‘Train up a child in the way he should go; and when he is old he will not depart from it.’
—*Proverbs* xxii. 6.

‘Ye fathers, provoke not your children to wrath (that is, be not too severe; see that they love, as well as fear, you); but bring them up in the nurture and admonition of the LORD.’—*Ephesians* vi. 4.

‘Her parents also were righteous, and taught their daughter according to the law of Moses.’
—*Susannah* 3.

Let it be true of each one of your children:—

‘From a child, thou hast known the holy Scriptures, which are able to make thee wise unto salvation, through faith which is in CHRIST JESUS.’
—*Timothy* iv. 15.

As God said to His people Israel:—

‘Thou shalt teach them diligently unto thy children: and shalt talk of them, when thou sittest in thine house, and when thou walkest by the way, and when thou liest down and when thou risest up.’
—*Deuteronomy* vi. 7.

Most gracious God, who hast committed to my charge a living child (or living children), grant that while I am careful to provide for the wants of *his* body and rear him for the duties

of this life, I may never neglect *his* soul after this life will live for ever. Thou O hast of Thy great mercy made *him* Thy by adoption and grace: give me grace struct and to train *him* up for Thee. Thou didst grant *him* Thy Holy Spirit Baptism, be pleased to renew and strengthen *him* day by day. Grant that nothing example may ever hurt or hinder *his* fidelity to Thee. So that growing in grace as *he* grows years, *he* may serve Thee faithfully all his days and finally attain Thy Heavenly Kingdom through JESUS CHRIST our LORD. Amen

DUTIES OF PARENTS.

1. To bring their infants as soon as possible to be Baptized.

2. To choose for them religious Godparents who will set them a good example, give them good advice, and pray for them.

3. To be themselves examples to their children of true religion, and to pray for them every day.

4. To teach them, as soon as they can, the Hymns and Prayers.

Prayer proper for a very young Child.

I pray GOD to bless my dear father and mother (my brothers and sisters), and all v

ends, and to make me a good child for JESUS
 CHRIST'S sake. Amen. Our Father, &c.

Morning Hymn.

LORD, by Thee in safety kept,
 I have laid me down and slept;
 Now for JESUS' sake I pray,
 Bless and guide me through the day.

Evening.

LORD, to Thee I kneel and pray,
 Pardon all my sins this day;
 While I sleep and when I wake,
 Bless me for my SAVIOUR'S sake.

Prayers for Children a little older.

MORNING.

Almighty God, the Maker of everything in
 heaven and earth, the darkness goes away and
 the daylight comes again at Thy command:
 Thou art good and art always doing good. I
 thank Thee for taking care of me through the
 night; and that I am alive and well this morn-
 ing. Save me, O God, from all evil this day,
 and keep me from harm; make me obedient
 to my father and mother, and to all who are
 over me; and grant that in all I do or say I
 may please Thee, through JESUS CHRIST our
 LORD. Amen. Our Father, &c.

Morning Hymn for a Child.

My GOD, who makes the sun to know
His proper hour to rise ;
And to give light to all below,
Doth send him round the skies.

When, from the chambers of the east,
His morning race begins,
He never tires, nor stops to rest,
But round the earth he shines.

So, like the sun, would I fulfil
The business of the day ;
Begin my work betimes, and still
March on my heavenly way.

Give me, O LORD, thy early grace,
Nor let my soul complain,
That the young morning of my days
Has all been spent in vain.

EVENING.

O LORD GOD, who knowest all things, Thou
seest me by night as well as by day ; forgive
me all the wrong that I have done this day,
all bad thoughts and words, and keep me safe
while I sleep. Bless my dear father and
mother (*name other relations and friends*), and
make me a loving and obedient child ; and
when I die, give me a home in heaven, for

JESUS CHRIST my SAVIOUR's sake. Amen.
Our Father, &c.

Evening Hymn.

And now another day is gone,
I'll sing my Maker's praise ;
My comforts every hour make known
His providence and grace.

But how my childhood runs to waste !
My sins, how great their sum !
Lord, give me pardon for the past,
And strength for days to come.

I lay my body down to sleep,
Let angels guard my head ;
And through the hours of darkness keep
Their watch around my bed.

With cheerful heart I close mine eyes,
Since Thou wilt not remove ;
And in the morning let me rise
Rejoicing in Thy love.

Morning of the Lord's Day.

This is the day when CHRIST arose
So early from the dead ;
Why should I keep my eyelids closed,
And waste my hours in bed ?

This is the day when JESUS broke
The powers of death and hell ;
And shall I still wear Satan's yoke,
And love my sins so well ?

To-day with pleasure Christians meet,
To pray and hear Thy word ;
And I would go with cheerful feet
To learn Thy will, O LORD.

I'll leave my sport to read and pray,
And so prepare for heaven ;
Oh may I love this blessed day
The best of all the seven.

Evening.

LORD, how delightful 'tis to see
A whole assembly worship Thee !
At once they sing, at once they pray ;
They hear of heaven, and learn the way.

I have been there, and still would go,
'Tis like a little heaven below ;
Not all my pleasure and my play
Shall tempt me to forget this day.

Oh, write upon my memory, LORD,
The texts and doctrines of Thy Word ;
That I may break Thy laws no more,
But love Thee better than before !

With thoughts of CHRIST, and things divine,
Fill up this foolish heart of mine ;
That, hoping pardon through His blood,
I may lie down, and wake with God.

DUTIES OF HUSBANDS AND WIVES.

To men who are married St. Paul says :—

‘Husbands, love your wives, even as CHRIST also loved the Church, and gave Himself for it. So ought men to love their wives as their own bodies. He that loveth his wife loveth himself.’

So also St. Peter says :—

‘Ye husbands, dwell with your wives according to knowledge; giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life, that your prayers be not hindered.’

To married women St. Paul says :—

‘Wives, submit yourselves unto your own husbands, as it is fit in the LORD.’

And St. Peter says :—

‘Ye wives, be in subjection to your own husbands; that, if any obey not the Word, they also may without the Word be won by the conversation of the wives; while they behold your chaste conversation coupled with fear.’

(See the Marriage Service in the Prayer-Book.)

And of their power to help each other in holy ways, St. Paul says :—

‘How knowest thou, O wife, whether thou

Prayer to be said together by a husband
least in every week.

O God, by whose favour and
Thy creatures are made one fle
fully on us from heaven and
make us helpful to each othe
eternal welfare. Give us gra
perform the solemn vows and
we have made to one another,
live together in perfect love an
us to grow in goodness and to b
faults kindly and patiently.
bless and protect our children;
in our care of them that, if it
will, we may live to see them
virtuously brought up; or, if
Thou shalt order it otherw
in mercy to provide for their
niness) (And for our dear ab

we may together attain the life everlasting, through JESUS CHRIST our LORD. Amen.

IN TIMES OF SICKNESS.

If you are seriously ill, let your clergyman know it. He is the physician of your soul, and can best help you to turn your sickness to good account for your soul's welfare. In his absence

1. Call to mind that sickness comes not by accident, but by the Providence and Will of God. See 2 *Samuel* xii. 15; 2 *Kings* xx. 1; *St. John* xi. 4; *St. Matthew* x. 29-31.

2. Consider the causes for which God permits us to be visited with sickness. Sometimes it is to try our patience and to prove us, whether we are ready to submit ourselves in all things to His Will. Sometimes, and more frequently, it is to correct something which is wrong in us, but always in mercy and love towards us, and with a readiness to make our sickness good for our souls. See *Job* v. 17, xlii. 3, 4, and 12; *Proverbs* iii. 11, 12; *Psalms* cxix. 67, 72; 2 *Chronicles* xxx. 11-13; *Romans* viii. 28; 1 *Corinthians* xi. 30-32; 2 *Corinthians* xii. 7; *Hebrews* xii. 1-11; *Revelations* iii. 19.

3. Sickness is thus a call to us from God to examine ourselves, and to consider what there

at page 27, and the Litany, 'O Gracious', at pages 36-41. The following also be suitable for your use, in your usual morning and evening prayer.

Almighty and most Merciful whose hands are health and sickness, death, look mercifully upon me in weakness of body; give me grace myself patiently to Thy Holy Will me patient also and thankful to thee upon me in my sickness. I thank thee, O LORD, for Thy good promise to make us work together for good to those who are sick. Help me by Thy Holy Spirit so that my sickness may be good for me. For not serving Thee better with health. Pardon my many sins.

Hymn.

Wish not, dear friends, my pain away;
 Wish me a wise and thankful heart;
 With God in all my griefs to stay;
 Nor from His loved correction start.
The Christian Year.

PRAYER TO BE SAID ON BEHALF OF A SICK
 PERSON.

ALMIGHTY God, the helper of all who put
 their trust in Thee, hear, we beseech Thee, our
 prayer on behalf of our dear *brother* (or *sister*)
 now lying on the bed of sickness. Look upon
him (or *her*) with pity and compassion, and be
 favourable and gracious unto *him* (or *her*) ac-
 cording to *his* need. We beseech Thee to
 relieve *his* pains, and to bless the means used
 for *his* recovery; but above all we pray Thee
 grant *him* patience and resignation to Thy
 holy Will. Help *him* under Thy chastening
 and to correct and amend what is wrong in
him, and to turn to Thee in true repentance of
 his sins. Forgive *him* all *his* past offences, and
 grant *him* the comfort and peace of a good
 conscience of Thy pardon and favour, through the
 merits and mediation of our SAVIOUR JESUS
 CHRIST. Amen.

Hymn.

O how soft that bed must be,
 Made in sickness, LORD, by Thee !
 And that rest, how calm, how sweet,
 Where JESUS and the sufferer meet.

It was the good Physician now
 Soothed thy cheek and chafed thy brow ;
 Whispering, as He raised thy head,
 ' It is I, be not afraid.'

God of glory, God of grace,
 Hear from Heaven, Thy dwelling-place :
 Hear in mercy, and forgive ;
 Bid Thy child believe, and live.

Bless *him*, and *he* shall be blest ;
 Soothe *him*, and *he* shall have rest ;
 Fix *his* heart, *his* hopes above ;
 Love *him*, LORD, for Thou art Love.

MONSELL.

(Or you may say with others the following Litany, kneeling by the bedside of the sick person.)

LORD have mercy upon this Thy servant.

CHRIST have mercy upon *him* (or *her*).

LORD have mercy upon *him*.

Our Father, &c.

That it may please Thee, O LORD, to look down from heaven and to deal mercifully with *this* Thy servant ;

We beseech Thee to hear us, Good Lord.

That it may please Thee to bless the means
used for *his* recovery ;

We beseech Thee, &c.

That it may please Thee to lessen *his* pains ;
and, if not, to give *him* strength and grace to
bear them ;

We beseech Thee, &c.

That it may please Thee to give *him* true
repentance of all *his* sins ;

We beseech Thee, &c.

That it may please Thee to forgive *him* all
his sins for JESUS CHRIST'S sake ;

We beseech Thee, &c.

That it may please Thee to give *him* Thy
Holy Spirit, to renew in *him* what is wanting,
and to enable *him* to improve in all true reli-
gion ;

We beseech Thee, &c.

That it may please Thee to give *him* grace
to be patient under the trials of *his* present
state, not to murmur or complain, but meekly
to submit *himself* to Thy visitation ;

We beseech Thee, &c.

That it may please Thee to grant *him* peace

desire for eternal life and for that
and bliss which Thou hast promised
who love Thee ;

We beseech Thee, &c.

That it may please Thee to mal
ness produce in *him* a true amend
that if Thou shalt restore *him* to
may serve Thee truly for the rest
and, if not, that *he* may be prepared
end, and for endless happiness ;

We beseech Thee, &c.

That it may please Thee to gra
all, that we may truly love Thee,
things submit ourselves to Thy wi
Providence, knowing that Thou
makest all things work together
those who love Thee and put t

PRAYER FOR AN INFANT OR YOUNG CHILD WHO
IS SICK.

O most Merciful God, in whom are the issues of life and death, we beseech Thee to look mercifully on this little child, here lying under Thine hand in great weakness of body. Tender and weak though *he* is, Thou, O LORD, canst yet restore *him* to health and strength. Give us grace to trust *him* wholly to Thy most gracious care; for Thou, O LORD, and Thou only, knowest what is best for *him*; that if it please Thee to grant unto us the joy of seeing *him* recover, *he* may grow in grace and in goodness as *he* grows in years, and may serve Thee faithfully in *his* generation; and, if not, be pleased, O LORD, in Thy great love, to take *him* to those heavenly habitations, where only there is joy and happiness for evermore. Grant this, O merciful FATHER, through the merits and mediation of JESUS CHRIST, Thy only SON, our LORD and SAVIOUR. Amen.

In all times of sickness, whether of yourself or of others, you may humbly say, in the words of Him, who under all our trials is our true and safe Pattern,

‘Father, if Thou be willing, remove this cup from me; nevertheless not my will but Thine be done.’—*St. Luke* xxii. 42.

And feel at heart that ONE and
In perfect wisdom, perfect love
Is working for the best.

Child's Chi

IN TIME OF AFFLICTION

As of sickness, so also of affliction. The Word plainly teaches us that it is not by chance; for we read, 'Affliction cometh forth of the dust, neither doth it tread out of the ground' (*Job* v. 6); and 'Behold, happy is the man who correcteth: therefore despise not the chastening of the Almighty: For He woundeth, and He bindeth up: He woundeth, and He maketh whole.' We know also that 'He doth not afflict willingly, nor grieve men.' (*Lamentations* iii. 33.)

And He is full of love to us; we

fruit of righteousness unto them which are exercised thereby.'—*Hebrews* xii. 11 ; and amongst its 'peaceable fruits' are these:—

1. It teaches us the uncertainty of our greatest treasures.

2. It helps to wean our hearts from this world.

3. It warns us not to seek our happiness chiefly in anything, or in anyone, upon earth.

4. It helps to draw our hearts up to heaven.

But still, affliction, more particularly the loss of those we love, is very hard to bear. *How* should we try to bear it? The Bible teaches us *how*, both by showing us how some of God's best people have behaved under affliction, and by giving us God's own words to, and of, the afflicted ; for example :

1. In affliction the servant of God is silent.—*Lamentations* iii. 28 ; *Psalms* xxxix. 3.

2. He remembers that it is God's doing.—1 *Samuel* iii. 18 ; *Job* i. 11.

3. And that what God does is done in wisdom and in love.—*Psalms* cxix. 75 ; *Hebrews* xii. 10 ; *St. James* i. 12 ; *Revelations* iii. 19.

4. He calls to mind that for those who fear and love God, if it pleases God to take them, it must be good for them to depart.—*Job* iii. 17 ; *Wisdom* iii. 1-7, iv. 10, 11, v. 4 ; *Phil.* i. 21-23 ; 2 *Timothy* iv. 6-8 ; *Revelations* xiv. 13.

6. He returns as soon as possibilities and labours of his life.—2 & 1, 22; 1 *Corinthians* xv. 58; 2 *Pe*

Dear Christian mourner, would comfort under your great sorrow? now the truth of your SAVIOUR? Blessed are they that mourn, for 'they shall be comforted'? try the methods just given, believing that God will take care of you and will help you. Your trial, though great, but not greater than God will enable you to bear. He wounds also heals. You will find it useful to repeat, and to say often to yourself, the texts given above, for example:

'It is the LORD; let Him do what He will; His will be done.'
'It is the LORD; let Him do what He will; His will be done.'

'I shall go to him: but he shall not come to me.'

PRAYER AFTER THE DEATH OF A DEAR
RELATION.

O FATHER of mercies and God of all comfort, our only help in time of need, *I* (or *we*) pray Thee to have mercy upon *me*, in this *my* (or *our*) great need. It has pleased Thee to take from *me my dear* . . . , help *me* to submit *myself* to what Thou hast done. Thou gavest and Thou hast taken away. *I* (or *we*) thank Thee for the happiness which Thou hast given *me* in *him* (or *her*); and though *my* enjoyment of it has been shorter than *I* fondly hoped, let *me* not murmur that Thou hast taken *him* from *me*. Help *me* rather to acknowledge Thy goodness in all Thou doest; although in *my* weakness I grieve and lament it. Make *me* thankful to Thee for taking *him* from all further trials and temptations. *I* thank Thee for what was good in *him*, and for *my* hope that, through the merits of *his* SAVIOUR, Thou hast forgiven *him* all *his* sins, and hast taken *him* to peace and rest. Grant *me* the happiness of one day seeing *him* again and enjoying with *him* the blessedness of Thy kingdom. All which *I* humbly ask, O merciful FATHER, for JESUS CHRIST, *my* SAVIOUR's sake. Amen.

And the lamp of His love was thy guide
the gloom.

Thou art gone to the grave ! we no longer
thee,

Nor tread the rough path of the world
But the wide arms of Mercy are spread
And sinners may die for the SINLESS

Thou art gone to the grave ! and, its
saking,

Perchance thy weak spirit in fear lies
But the mild rays of Paradise beam'd
And the sound which thou heard'st
phim's song !

Thou art gone to the grave ! but we will
thee,

Whose God was thy ransom, thy
guide :

He gave thee, He took thee, and He will

How could we bear the heavy load
 Of such heart-agony,
 Could we not cast it all, our God,
 Our gracious God, on Thee ?
 And feel that Thou kind watch wilt keep
 When we are far away ;
 That Thou wilt soothe us when we weep,
 And hear us when we pray.

O for that bright and happy land,
 Where far amid the blest,
 ' The wicked cease from troubling, and
 The weary are at rest ;'
 Where friends are never parted,
 Once met around Thy Throne ;
 And none are broken-hearted,
 Since all, with Thee, are one !
 Yet O, till then, watch o'er us keep,
 While far from Thee away ;
 And soothe us, LORD, oft as we weep,
 And hear us when we pray.—MONSELL.

'Tis sweet as year by year we lose
 Friends out of sight, in faith to muse,
 How grows in Paradise our store.

Christian Year.

FTER THE DEATH OF AN INFANT OR A YOUNG CHILD.

Most merciful FATHER, who hast been pleased
 to take from us (or me) our dear infant (or

Thou hast dealt with *him* as Thine
hast taken *him* to Thyself—safe
angers of this world—safe for ever
us, LORD, to acknowledge the goodn
Thou hast done for *him*, and from
o thank Thee. Pardon *our* w
mourning for what *we* have lost, and
ness in not seeing better what *he*
Give *us* grace to be more like *our* d
simplicity and purity, that so *we* ma
him and be with *him*. Cleanse i
Thee, from *our* sins by the preciou
Thy dear SON, and help *us* by Thy
enceforth to love Thee and serve
that when it shall please Thee to ca
this life, *we* also may be found
heavenly kingdom, through JESUS
LORD. Amen.

Where is this infant ? It is gone—
 To whom ? to CHRIST, its SAVIOUR true.
 What does He for it ? He goes on
 As He has ever done, to do.—
 He blesses, He embraces without end,
 And to all children proves the tenderest friend.

He loves to have the little ones
 Upon His lap quite close and near ;
 And thus their time so swiftly runs,
 And they so little while are here :
 He gave—He takes them when He thinks it best
 For them to come to Him and take their rest.

We bury thee in hope—the Lamb once slain
 Will raise, and we shall see thee yet again.
 ARCHBISHOP TRENCH.

There is no flock, however watched and tended,
 But one dead lamb is there ?
 There is no fireside, howsoe'er defended,
 But has one vacant chair.

Let us be patient ! These severe afflictions
 Not from the ground arise,
 But oftentimes celestial benedictions
 Assume this dark disguise.

He is not dead—the child of our affection,
 But gone unto that school,
 Where *he* no longer needs our poor protection,
 For CHRIST Himself doth rule.—LONGFELLOW.

AGAINST TEMPTATION.

‘My son, if thou come to serve the LORD, prepare thy soul for temptation.’—*Ecclus.* ii. 1.

‘Watch and pray that ye enter not into temptation.’—*St. Matt.* xxvi. 41.

He who goes willingly into temptation has already fallen half-way into sin.

‘From all evil and mischief, from sin, and from the crafts and assaults of the devil,

‘Good Lord, deliver me.’

‘From fornication and all other deadly sin; and from all the deceits of the world, the flesh, and the devil,

‘Good Lord, deliver me.’

‘From the folly of keeping company with those who do not fear Thee; and from going into places where I know that I shall be tempted to sin,

‘Good Lord, deliver me.’

AGAINST INTEMPERANCE.

‘The drunkard and the glutton shall come to poverty, and drowsiness shall clothe a man with rags.’—*Prov.* xxiii. 21.

‘Take heed to yourselves lest at any time your hearts be overcharged with surfeiting and

drunkenness and cares of this life, and so that day come upon you unawares.'—*St. Luke* xxi. 34.

'My duty is, . . . to keep my body in temperance, soberness, and chastity.'

PRAYER FOR TEMPERANCE IN EATING AND
DRINKING.

O gracious LORD, who givest us all things richly to enjoy, suffer me not to turn Thy bounty into sin. Give me grace to restrain my appetite, and while satisfying my thirst, never to exceed the proper rules of temperance. Save me from the folly and the wickedness of the glutton and the drunkard, who use Thy gifts not for strength but for weakness, not for joy and thankfulness, but for shame and sorrow: save me, gracious LORD, I pray Thee, from any such sinful use of Thy gifts, and give me grace to find in them strength and health to serve and glorify Thee, through JESUS CHRIST our LORD. Amen.

AGAINST EVIL THOUGHTS.

'Out of the heart proceed evil thoughts' (see *St. Matt.* xv. 19), and evil thoughts are the seeds of evil words and of evil deeds; as *St. James* says, 'When

1. We must never harbour or pe thought ; for, if we do, it will gather s though it may depart, it will soon retu

2. We must remember that though if resisted and driven away, are not harbour them in our hearts and make t there, then, even though they go no fur sins ; and, as JESUS CHRIST has said, us.

3. We must resist them ; *first*, by conversation ; by never reading evil things in newspapers ; or looking at ev indeed, at anything which is not mode pure ; we must therefore ‘ set a wa eyes, and ‘ remember that a wicked thing : ’ and, ‘ if thine eye be evil,’ the ‘ thy whole body shall be full of d *Eccles. xxxi. 13 ; St. Matt. vi. 23.*

Secondly, we must resist them by If an evil thought crosses you, try a

Prayer.

Almighty God, unto Whom all hearts be open, all desires known, and from Whom no secrets are hid; cleanse the thoughts of my heart by the inspiration of Thy Holy Spirit, that I may perfectly love Thee, and worthily magnify Thy holy name, through CHRIST our LORD. Amen.

AGAINST DISCONTENT.

‘Having food and raiment let us be therewith content.’

For ‘Godliness with contentment is great gain.’—1st *Tim.* vi. 6–8.

‘I have learned in whatsoever state I am, therewith to be content.’—*Philip.* iv. 11.

Prayer.

O merciful God, Who of Thy tender love providest for all Thy creatures, and in Thy wisdom knowest what is best for all; give me grace to see Thy loving hand in all that befalls me, and in whatsoever state I am, therewith to be content: Destroy in me all envy and jealousy of those who are more prosperous than myself; and let me not covet anything which Thou are not pleased to give me: Wean my heart from the love of this world, and grant me

that state of me w . . .
and may at last obtain Thy heaven
through JESUS CHRIST our LORD.

AGAINST COWARDICE IN REL

‘Whosoever shall be ashamed
shall deny me before men, of him
ashamed, . . . and him will I also
my FATHER which is in heaven.’
32, 33; *St. Luke* ix. 26.

‘Fear not them which kill the
not able to kill the soul; but rather
which is able to destroy both body
hell; yea, I say unto you, fear Him
x. 28; *St. Luke* xii. 5.

‘If any man will come after me
himself, and take up his cross and
follow me,’ *St. Luke* ix. 23.

help me to take it up daily, as a good soldier of JESUS CHRIST. Save me from the guilt of hindering any Christian brother or sister in their duty to Thee ; and grant that I may help and support them by my own good example ; so that, never being ashamed of my holy calling, and never denying nor forsaking Thee, I may at the last day be owned and accepted by Thee, through the merits of Him who loved me and died for me, my LORD and SAVIOUR JESUS CHRIST. Amen.

Hymn.

JESUS, and can it ever be,
A mortal man ashamed of Thee ?
Scorned be the thought by rich and poor,
My soul shall scorn it more and more.

Ashamed of JESUS ! sooner far,
May evening blush to own a star.
Ashamed of JESUS ! just as soon
May midnight blush to think of noon.

Ashamed of JESUS ! yes I may
When I've no sins to wash away ;
No tears to wipe, no joys to crave,
And no immortal soul to save.

Ashamed of JESUS ! that dear Friend,
On whom my hopes of heaven depend ;
No ; when I blush, be this my shame,
That I not more revere His name.

Till then—nor is the boasting vain ;
Till then I boast a SAVIOUR slain ;
And O may this my portion be,
That SAVIOUR's not ashamed of me !

There are many ways in which Christians tempted to deny their SAVIOUR. Some afraid openly to say their prayers, or read Bible ; others are afraid to go to church as of as they would like to go, for fear of being laugh at. Many are kept from the Sacrament the LORD's Supper by the same fear. So do not like to say their grace at meals before thoughtless and careless people. This is a part of the *persecution* which our LORD warned us will at all times tempt and try people. (See *St. Matt.* xiii. 21 ; *2 Tim.* iii. 1

But take courage : remember that the salvation of your soul depends upon it. your duty humbly but bravely, looking to your LORD for help, and He will help you ; and very persons who are against you will respect you all the more for your steadfastness, and perhaps be drawn by your good example to likewise.

AGAINST STRIFE AND ENMITY.

One of the surest signs of a good Christian is this : he loves peace and charity, and he is

good terms with all his companions and neighbours. Heloves them, and they learn to love him. But, alas ! many Christians are not like this. They give way to bad tempers and bad passions ; envy, jealousy, malice, are permitted in their hearts ; evil and hurtful words fall from their lips ; neighbours who might be, and ought to be a help and comfort to one another, become thus a plague and a trouble to each other ; charity and peace are broken, and God is displeased.

Dear Reader, how is it with you ? Are you in peace and charity with all your companions and neighbours ? Are you trying to practise the love one towards another which your SAVIOUR required of you when He said, ‘ This is My Commandment, that ye love one another as I have loved you ? ’—*St. John* xv. 12.

Do you desire to keep your SAVIOUR’s commandment ? The following rules will help you to do so :

1. If you have said or done anything to hurt or offend another, seize the first opportunity of saying that you are sorry for it.

2. If you have had any difference with some one, and angry words have passed between you, do not rest until you have made peace. As St. Paul says, ‘ Be ye angry and sin not : let not the sun go down on your wrath ’ (*Eph.* iv. 26).

talk about it is like opening a wound
so making it more difficult to heal

4. Be always ready to do your
wards making peace, even though
met half-way. You will thus f
soul.

5. Pray for those who injure or
as our LORD has commanded: 'B
curse you, do good to them that
pray for them which despitefully
persecute you, that ye may be ti
your FATHER which is in Heaven
44, 45. And again: 'Let all
wrath and anger and clamour, a
ing be put away from you, with a
be ye kind one to another, tende
giving one another, even as Gc
sake hath forgiven you.'—*Eph.*

For 'when ye pray,' said our LORD, 'say . . . forgive us our trespasses, *as we forgive them that trespass against us*,' and He added, 'For if ye forgive men their trespasses, your heavenly FATHER will also forgive you. But if ye forgive not men their trespasses, neither will your FATHER forgive your trespasses.'

PRAYER FOR A CHARITABLE AND PEACEFUL
SPIRIT.

O LORD JESU CHRIST, who of Thy great Charity didst give Thyself to death, even the death of the Cross, to save from eternal misery us Thine enemies by sin; and who didst set us a perfect pattern of forgiveness of injuries, by praying to Thy FATHER to forgive those who crucified Thee: Help me, Thy unworthy servant, under provocations and injuries to follow Thy holy example; give me grace to be always patient, gentle, and forgiving; to give no offence to others by word or by deed; and to be slow to take offence myself; that so living in charity and peace with all men, I may never shame Thee, my merciful SAVIOUR, who livest and reignest with the FATHER and the HOLY SPIRIT, ever one God, world without end. Amen.

speaking and from slandering.'—*Chiasm.*

‘Thou shalt not go up and do a bearer among thy people.’—*Leviticus*

‘Where no wood is, there the fire
so where there is no tale bearer
ceaseth.’—*Proverbs* xxvi. 20.

‘A soft answer turneth away
grievous words stir up anger.’—*Proverbs*

‘When He was reviled, He reviled not;
when He suffered, He threatened not.’—*1 Peter* ii. 23.

‘Charity suffereth long and is long-
suffering; is not easily provoked; . . .
things.’—*1 Corinthians* xiii.

‘The fruit of the Spirit is love, peace, . . .’

CHURCH-MEMBERSHIP.

‘I believe in the holy Catholic Church, the Communion of Saints.’—*Apostles’ Creed*.

‘I believe one Catholic and Apostolic Church.’—*Nicene Creed*.

This is a part of our Creed or Faith, as members of the Church. As we believe that JESUS CHRIST came down from Heaven, Suffered, Died, was Buried, Rose again, and Ascended into heaven; so likewise we believe that by His holy Apostles, guided by the HOLY GHOST, He instituted a Church upon the earth, to be formed of the whole company of people throughout the world who should believe in Him and keep His Laws. Of this Church it is, that we say in our Creeds, that it is, One, Holy, Catholic, Apostolic.

1. One; for it has one only Head, the Lord Jesus Christ; and so far as it is true to Him, it is One in Faith, in Hope, in Charity.
2. Holy; that is, it professes holiness; it does holy things; and it is God’s appointed means of making people holy.
3. Catholic; that is, universal; not confined to one nation, as the Jewish Church was; but spreading throughout the world.
4. Apostolic; that is, having the Faith, the Worship, and the Ministry, which the Apostles gave to the Church.

OCCASIONAL PRAYERS.

the Church, in which we say that v
when we say the creeds. How are v
w this Church from the sects and den
ons into which some Christians ha
themselves outside the Church? It m
own in this way: The Church, which h
own to us from the Apostles' times h
our signs :

ts Ministers are of three kinds; Bishop
, and Deacons. So it has been ev
ne days of the Apostles.

t has a Faith which can never chang
s Faith is set forth in the three Creed
ostles' Creed, the Nicene Creed, and t
asian Creed; all which can be proved
by the Holy Scriptures.

t has Forms of Prayer, carefully pr
for the public worship of God.

of Sacraments is given particularly to Baptism and the Lord's Supper,

By these four signs Church people may know the difference between the Church and the sects of other denominations of Christians; for example :

1. The only other Christians in this country who have 'Bishops, Priests, and Deacons,' are the Roman Catholics; but they have added to the three Creeds new articles of faith, which cannot be proved by Holy Scripture; and they submit themselves to a foreign Bishop, the Bishop of Rome, called also the Pope, who has no rightful authority in this country. The proper name of those who obey the Pope is 'Roman Catholics,' or 'Romanists.' It is wrong to call them 'Catholics,' as if *we* were not 'Catholics,' and *they* were; because the word 'Catholics' simply means members of Christ's 'Holy Catholic Church,' which we of the Church of England are. We are Protestants, so far as we *protest* against the errors of the Roman Church; but as holding the doctrines of the 'One, Holy, Catholic and Apostolic Church,' we are Catholics—English Catholics.

2. Independents: These have no 'Bishops, Priests, and Deacons,' nor any prepared Form of Prayer: their public worship depends upon *their ministers*.

3. Baptists: Besides what is said of the Independents, these are distinguished from other Dissenters and from the Church by refusing Baptism to infants and young children, contrary to the words of JESUS CHRIST who said 'Suffer the little children to come unto Me, and forbid them not; for of such is the kingdom of God.' They make the Gospel less merciful than the Law; for under the Law infants were taken into covenant with God at eight days old.

4. Wesleyans, or Methodists: These are nearer to the Church than any other Dissenters. They get their name from John Wesley, a good and zealous clergyman of the Church, who held meetings for prayer and preaching in addition to the Church Services, never meaning to separate from the Church; and to the end of his life he charged his followers not to forsake the Church. But after his death some of them separated themselves from the Church, as they do still. They have not the Apostolic Ministry.

This will be enough to show the difference between the Church and those who have separated themselves from her. By whatever names they call themselves, they are all wanting in one or more of the *signs* of the true Church. One of the temptations of these days, especially of those who live in towns, is, to leave the Church, and join one of those other bodies. How is this temptation to be met? It should be met,

First. By considering what the Word of God says against divisions amongst believers. See *St. John* xviii. 20, 21; *Romans* xvi. 17; 1 *Corinthians* ii. 10, iii. 4, xii. 12-25; *Ephesians* iv. 3-6; *Jude* 19.

Secondly. By never going to the chapels or meeting-houses of Dissenters; because by going to them we go into temptation, and we become partakers with them of their sin; the sin of making divisions in CHRIST'S Church, for which He prayed that it might be One.

Thirdly. By attending strictly to the Rules of the Church, which are in the Prayer Book, and turning to the best account we can for our own souls all opportunities of public worship.

Fourthly. To think charitably, and to speak charitably, of those who are not of the Church, and to acknowledge what is good in them; to remember that many of them were born in Dissent, and therefore know no better; that in them therefore it is not the same sin which it would be in us; and to pray that they may be brought back to the Church, and try by the example of a faithful, holy, and charitable life, to win them back.

PRAYER FOR STEADFASTNESS IN THE FAITH.

O Almighty God, who hast instructed Thy holy Church with the heavenly doctrine of Thy

OCCASIONAL PRAYERS.

elists and Apostles ; Give me grace
st the faith which I have been merciful
: Let me not be like those who are ca
way by every blast of vain doctrine, b
y Holy Spirit keep me stedfast in t
f Thy holy Gospel, through JESUS CHRI
RD. Amen.

, THAT THE DIVISIONS AMONGST CHRISTIA
MAY BE HEALED.

LORD JESUS CHRIST, who saidst to t
es, Peace I leave with you, My Peace
to you ; regard not my sins, but the fai
Church ; and grant unto her that Pea
nity which is agreeable to Thy will : W
and reignest God for ever and eve

THE

FAMILY PRAYERS.

‘As for me and my house we will serve the LORD.’—*Joshua* xxiv. 15.

‘This ought to be the sincere resolution and constant practice of every Christian master of a family. Without this, none can reasonably expect to have dutiful children or faithful servants; nor justly hope to have God’s blessing.’
(*Thomas Wilson, Bishop of Sodor and Man, whose prayers follow.*)

MORNING PRAYER.

First, let one of the Family read the New Testament Lesson appointed for the Morning Service, or a part of it, or a Psalm; or, if time will not permit, let him devoutly read what followeth, the rest of the Family seriously attending.

The LORD has brought us safe to the beginning of this day: let us give Him thanks for this, and for all His mercies.

Let us pray that we may live in the fear of God, and continue in love and charity with each other:

That the Holy Spirit may direct and rule our hearts, teaching us what to do, and what to avoid:

That the grace of God may ever be with us, to support us in all danger, and carry us through all temptations:

That the LORD may bless all our honest endeavours, and make us content with what his Providence shall order for us :

And that we may serve Him faithfully this day, and every day He shall add to our lives.

For all which blessings let us devoutly pray.

Then, all kneeling, let one say,

O God, by whom the whole world is governed and preserved, we give Thee humble thanks for Thy Fatherly care over us ; in preserving us from the dangers of the night past, and in bringing us safe to the beginning of another day.

We gratefully acknowledge our dependence on Thee, for all the necessities, conveniences, and comforts of our life ; for all the means of our well-being in this world, and for the hope of everlasting happiness in Thy heavenly kingdom.

We give Thee thanks for the light of Thy Gospel, and the help of Thy grace : and for Thy promises of pardon, through Thy Son CHRIST JESUS, on our sincere repentance and amendment.

Give us, we beseech Thee, such a sense of Thy mercies as may make us truly thankful to Thee *for them.*

Give us grace to walk as in Thy sight in reverence and in godly fear ; and preserve us

from falling again into the sins we have repented of.

Enable us to resist and overcome temptation, by the grace of Thy good Spirit, to be serious and holy in our lives, true and just in our dealings; watchful over our thoughts, words, and actions; to be diligent, contented, temperate, and mindful of the wants of others.

Give us grace honestly to improve all the talents which Thou hast committed to our trust; and may no worldly business, no worldly pleasures, divert us from the concerns of the life to come.

May Thy blessing be upon our persons, upon our labours, upon our substance, and upon all that belongs to us; and may we never undertake any work which we dare not beg Thee to prosper.

Defend us, O LORD, and all that are near and dear to us, in all the assaults of our enemies; and grant that this day we may fall into no sin, neither run into any kind of danger; but that all our doing may be ordered by Thy governance, to do always that which is righteous in Thy sight.

Finally, we beseech Thee to give us, in this world, the knowledge of Thy truth, and, in the world to come, life everlasting, through JESUS CHRIST our LORD. Amen.

say :

Our FATHER, which art in heaven, Thy name. Thy kingdom come, done in earth, as it is in heaven, give us day our daily bread ; and forgive our passes, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, ever. Amen.

The grace of our LORD JESUS CHRIST, the love of God, and the fellowship of the HOLY GHOST, be with us all. Amen.

EVENING PRAYER

First, let one of the Family read the appointed for the Evening Service, or, if time will not permit, what follows.

pardon our sins for His dear SON's sake, and to deliver us from the punishment we have deserved.

Let us resolve to amend whatever hath been amiss, and pray for the assisting grace of God :

And that we may be safe under His protection, who alone can defend us from the power of darkness.

For all which blessings let us devoutly pray:

Then, all kneeling, let one say,

Ó LORD and heavenly FATHER, we acknowledge Thy great goodness to us, in sparing us when we deserve punishment;—in giving us the necessities of this life, and in setting before us the happiness of a better.

O merciful God, pardon our offences, correct and amend what is wrong in us; that, as we grow in years, we may grow in grace, and the nearer we come to our latter end, the better we may be prepared for it.

In the midst of life, we are in death.

LORD, grant that these thoughts may make us careful how we live, that we may escape the bitter pains of eternal misery.

Take from us all ignorance, hardness of heart, and too much carefulness for the things of this life.

Make us a family fearing Thee, O God, submitting ourselves to Thy good pleasure, and putting our whole trust in Thy mercy.

Give us a true knowledge of ourselves, of the corruption of our nature, and the necessity of Thy gracious help to save us from ruin.

And may the Spirit of CHRIST ever live and rule in us, possessing our souls with a sincere love of Thee, O God; with an earnest desire to please Thee, and with a dread of offending Thee!

Sanctify us wholly, we beseech Thee, that our spirits, and souls, and bodies, may be preserved blameless unto the coming of our LORD JESUS CHRIST.

Continue to us, and to all Christian Churches, the means of grace and salvation; and may the saving truths of the Gospel be published and received in all the world!

Grant unto us an interest in all the prayers of Thy holy Church, which have this day been offered to the throne of grace. Forgive all that have injured us, and forgive us our many offences against others.

Bless, we beseech Thee, O God, all those whom Thy Providence hath set over us, whether *in Church* or State. And give us grace to *honour and obey* them for conscience sake.

Defend us from all adversities which may

happen to our bodies, and from all evil thoughts which may assault and hurt our souls;—and prepare us to receive with an humble resignation whatever Thy providence shall think best for us.

And, finally, we beseech Thee to give us grace that we may lead and end our lives in Thy faith and fear, and to Thy glory, through JESUS CHRIST our LORD. Amen.

Our FATHER which art in heaven, &c.

The grace of our LORD JESUS CHRIST, and the love of God, and the fellowship of the HOLY GHOST, be with us all evermore. Amen.

A PRAYER FOR SUNDAY EVENING.

Almighty God, by whom all things were made and are preserved, give us hearts to know, and grace to consider this, that we may cheerfully commit ourselves, and all that belongs to us, to Thy merciful care; that we may ever look up to Thee for what we may want; be thankful for Thy favours; never resist Thy dealings with us, nor neglect the means of grace which Thy Providence affords us. Blessed be God, who giveth us what is ever best for us; who keepeth us from danger, and hath provided for us better than all our works can deserve! Good LORD make us mindful of our duty; that as we often

hear how we ought to live, and to please God, we may continue to do so until our lives' end, through JESUS CHRIST our LORD. Amen.

When there are Children in the family, the following prayer should also be said on Sundays, and on some other day of the week.

Almighty and most merciful FATHER, bless, we beseech Thee, the children of this family with healthy bodies and good understandings, with the graces and gifts of Thy Holy Spirit, and with good dispositions and holy habits (and especially we pray Thee to watch over those now absent from us, and committed to the care of others, and to keep them from harm, both of body and soul). May Thy mercy and Providence lead them safely through all the dangers and temptations of the world, and make them fit for Thy heavenly kingdom, through JESUS CHRIST our LORD. Amen.

It is well always to use the Collect or Collects for the day or week. They can be read out of the Prayer Book. And if this sometimes makes the prayers too long, parts of the prayers can be left out. The prayers are printed in separate parts that you may the more easily choose which to use, and which to leave out.

ADDITIONAL HYMNS.

'Ask and ye shall have; seek and ye shall find; knock and shall be opened unto you.'—*St. Luke xi. 9.*

'Whatsoever ye shall ask the FATHER, in My name, He ll give it you.'—*St. John xvi. 23.*

What various hindrances we meet
In coming to a Mercy seat !
Yet who that knows the worth of prayer,
But wishes to be often there.

Prayer makes the darkened cloud withdraw,
Prayer climbs the ladder Jacob saw,
Gives exercise to faith and love,
Brings every blessing from above.

Restraining prayer, we cease to fight;
Prayer makes the Christian's armour bright;
And Satan trembles when he sees
The weakest saint upon his knees.

While Moses stood with arms spread wide,
Success was found on Israel's side;
But when through weariness they failed,
That moment Amalek prevailed.

Have you no words? O think again,
Words flow apace when you complain,
And fill your fellow-creature's ear
With the sad tale of all your care.

Were half the breath thus vainly spent:
To heaven in supplication sent,
Your cheerful song would oftener be,—
'Hear what the LORD hath done for me!'

'What I do, thou knowest not now ; but thou shalt know hereafter.'—*St. John* xiii. 7.

God moves in a mysterious way
His wonders to perform ;
He plants His footsteps on the sea,
And rides upon the storm.

Deep in unfathomable mines
Of never-failing skill
He treasures up His bright designs,
And works His sov'reign will.

Ye fearful saints, fresh courage take ;
The clouds ye so much dread,
Are big with mercy, and shall break
In blessings on your head.

Judge not the LORD by feeble sense,
But trust Him for His grace ;
Behind a frowning Providence
He hides a smiling face.

His purposes will ripen fast,
Unfolding every hour ;
The bud may have a bitter taste,
But sweet will be the flower.

Blind unbelief is sure to err,
And scan His work in vain ;
God is His own interpreter,
And He will make it plain.

'Be thou faithful unto death, and I will give thee the Crown of Life.'—*Rev. ii. 10.*

Breast the wave, Christian,
When it is strongest ;
Watch for day, Christian,
When the night's longest :
Onward and onward still
Be thine endeavour ;
Seek the rest that remains
To thee for ever.

Fight the fight, Christian,
JESUS is o'er thee ;
Run the race, Christian,
Heaven is before thee :
He Who hath promised it,
Faltereth never ;
He Who hath loved so well,
Loveth for ever.

Lift thine eye, Christian,
Just as it closeth ;
Raise thine heart, Christian,
Ere it reposeth ;
Thee from the love of CHRIST
Let not death sever ;
And when thy work is done,
Praise Him for ever.

'To know the love of Christ, which passeth knowledge.'
Ephes. iii. 19.

'Who loved me, and gave Himself for me.'—*Galat. ii. 2*

O come and mourn with me awhile,
O come ye to the SAVIOUR's side ;
O come together let us mourn,
JESUS, our LORD, is Crucified !

Have we no tears to shed for Him,
While soldiers scoff and Jews deride,
Ah! look how patiently He hangs :
JESUS, our LORD, is Crucified !

How fast His hands and feet are nailed,
His blessed tongue with thirst is tied !
His failing eyes are blind with blood :
JESUS, our LORD, is Crucified !

Seven times He spoke, Seven Words of Love
And all three hours His silence cried
For mercy on the souls of men :
JESUS, our LORD, is Crucified !

O break, O break, hard heart of mine !
Thy weak self-love and guilty pride
His Pilate and His Judas were :
JESUS, our LORD, is Crucified !

Come, take thy stand beneath the Cross,
And let the blood from out that side
Fall gently on thee, drop by drop :
JESUS, our LORD, is Crucified !

A broken heart, a fount of tears,
Ask, and they will not be denied ;
A broken heart love's cradle is :
JESUS, our LORD, is Crucified !

O love of GOD ! O sin of man !
In this dread act your strength is tried ;
And victory remains with love :
For He, our LORD, is Crucified !

People's Hymnal.

Hear what comfortable words our SAVIOUR CHRIST saith
unto all who truly turn to Him :

'Come unto Me, all ye that labour and are heavy laden,
and I will give you rest.'—*St. Matt. xi. 28.*

I heard the voice of JESUS say,
 'Come unto me and rest ;
Lay down, thou weary one, lay down
 Thy head upon My breast.'
I came to JESUS as I was—
 Weary, and worn, and sad ;
I found in Him a resting-place,
 And He has made me glad.

I heard the voice of JESUS say,
 'Behold I freely give
The living water—thirsty one,
 Stoop down, and drink, and live.'
I came to JESUS, and I drank
 Of that life-giving stream ;
My thirst was quenched, my soul revived,
 And now I live in Him.

I heard the voice of JESUS say
‘I am this dark world’s Light,
Look unto Me, thy morn shall rise,
And all thy day be bright.’
I looked to JESUS, and I found
In Him my Star, my Sun ;
And in that light of life I’ll walk,
Till pilgrimage is done.—BONAR.

‘The glory of all lands.’

There is a land of pure delight,
Where saints immortal reign ;
Infinite day excludes the night,
And pleasures banish pain.

There everlasting spring abides,
And never-withering flowers ;
Death like a narrow sea divides
This heavenly land from ours.

Sweet fields, beyond the swelling flood,
Stand dressed in living green ;
So to the Jews old Canaan stood,
While Jordan rolled between.

But timorous mortals start and shrink
To cross this narrow sea,
And linger shivering on the brink,
And fear to launch away.

Oh ! could we make our doubts remove,
These gloomy doubts that rise,
And see the Canaan that we love
With unbecclouded eyes.

Could we but climb where Moses stood,
And view the landscape o'er ;
Not Jordan's stream nor death's cold flood,
Should fright us from the shore.

'To him that overcometh will I give to eat of the Tree of Life, which is in the midst of the Paradise of God.'—*Rev. ii. 7.*

O Paradise ! O Paradise !
Who doth not crave for rest ?
Who would not seek the happy Land,
Where they that loved are blest ;
Where loyal hearts, and true,
Stand ever in the light,
All rapture, through and through,
In God's most holy sight ?

O Paradise ! O Paradise !
The world is growing old ;
Who would not be at rest and free
Where love is never cold ?
Where loyal hearts, &c.

O Paradise ! O Paradise !
Wherefore doth death delay ?
Bright death, that is the welcome dawn
Of our eternal day ;
Where loyal hearts, &c.

O Paradise ! O Paradise !
'Tis weary waiting here ;
I long to be where JESUS is,
To feel, to see Him near.
Where loyal hearts, &c.

O Paradise ! O Paradise !
I greatly long to see
The special house my dearest Lo:
Is furnishing for me.
Where loyal hearts, &c.

O Paradise ! O Paradise !
I feel 'twill not be long ;
Patience ! I almost think I hear
Faint fragments of thy song.
Where loyal hearts, &c.
People's





